********

**\***Infant/Toddler Alternative

**\***Vegetarian/Vegan Alternative

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Week of: Jan 20th  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| BREAKFAST | * Corn Chex
* Apples
* Organic Milk
 | * Cinnamon Raisin Bagel
* Cream Cheese
* Oranges
* Organic Milk
* Meatless Sausage
 | * Rice Krispy Cereal
* Cantaloupe
* Organic Milk
 | * Turkey Sausage Patty
* Biscuit
* Banana
* Organic Milk
* Meatless Sausage
 | * Blueberry Muffin
* Honeydew Melon
* Organic Milk
 |
| TODDLER MORNING SNACK | * Nutri-grain Bar
* Organic Milk
 | * Corn Chex
* Pears
 | * Cinnamon Raisin Bagel
* Organic Milk
 | * Sweet Potato Crackers
* Applesauce
 | * Carrot Stick
* Shredded Cheese
 |
| LUNCH  | * Chicken Tacos
* Black Bean Medley
* Mixed Berries
* Organic Milk
* V: Cheese Quesadilla
* I/T: Crushed Pineapples
 | * Beef Burgers
* Broccoli Soup
* Mango
* Organic Milk
* Bean Burger
 | * Cheesy Chicken & Rice Casserole
* Green Beans
* Banana
* Organic Milk
* V: Rice with Cheese Sauce
 | * Grilled Cheese Sandwich
* Tomato Soup
* Pears
* Organic Milk
* Soy Nut Butter Sandwich
 | * Macaroni and Cheese
* Green Beans
* Oranges
* Organic Milk
* Marinara/Wheat Pasta
 |
| AFTERNOON SNACK  | * Apple Cinnamon Muffin
* Organic Milk
 | * Carrot Sticks
* Red Pepper Hummus
* I/T: Oyster Crackers
 | * Apples
* Sweet Potato Crackers
 | * Nutri-grain Bar
* Yogurt
 | * Turkey Slices
* Cucumbers
 |

* Vegetarian meal options available
* Fresh fruits and vegetables served daily
* Proteins include chicken, turkey, beef, pork, cheese, and beans
* Whole milk served to Infants and Toddlers
* 1% milk served to Young Preschool, Preschool and Kindergarten Prep
* All meals are served family style

BRIGHT HORIZONS AT WHEATON