

## Bright Horizons Learning Center, Children's Lunch Menu

<b>Week # 1</b>					
	<b><u>Monday</u></b>	<b><u>Tuesday</u></b>	<b><u>Wednesday</u></b>	<b><u>Thursday</u></b>	<b><u>Friday</u></b>
<b>Protein</b>	Whole Wheat Pasta w/ Meat Sauce	Baked BBQ Chicken	Turkey Meatballs w/ Egg Noodles	Wheat Cheese Quesadilla	Whole Wheat Pizza
<b>Vegetable</b>	Peas	Green Beans	Cucumbers	Rice w/ Carrots and Celery	Carrots
<b>Fruit</b>	Pineapple	Peaches	Mandarin Oranges	Pears	Fruit Yogurt
<b>Dairy</b>	Milk	Milk	Milk	Milk	Milk
<b>Week # 2</b>					
	<b><u>Monday</u></b>	<b><u>Tuesday</u></b>	<b><u>Wednesday</u></b>	<b><u>Thursday</u></b>	<b><u>Friday</u></b>
<b>Protein</b>	Baked Chicken	Turkey Sandwich on Wheat	Whole Wheat Mac and Cheese	Pancakes w/ Turkey Sausage	Whole Wheat Pizza
<b>Vegetable</b>	Corn	Peas	Green Beans	Carrots	Cucumbers
<b>Fruit</b>	Cranberry Sauce	Pears	Pineapple	Apple Sauce	Mandarin Oranges
<b>Dairy</b>	Milk	Milk	Milk	Milk	Milk
<b>Week # 3</b>					
	<b><u>Monday</u></b>	<b><u>Tuesday</u></b>	<b><u>Wednesday</u></b>	<b><u>Thursday</u></b>	<b><u>Friday</u></b>
<b>Protein</b>	Soft Chicken Tacos	Turkey Meatballs w/ Egg Noodles	Baked Chicken	Whole Wheat Mac & Cheese	Whole Wheat Pizza
<b>Vegetable</b>	Rice w/ Carrots and Celery	Green Beans	Carrots	Peas	Corn
<b>Fruit</b>	Peaches	Pineapple	Mandarin Oranges	Apple Sauce	Fruit Yogurt
<b>Dairy</b>	Milk	Milk	Milk	Milk	Milk
<b>Week # 4</b>					
	<b><u>Monday</u></b>	<b><u>Tuesday</u></b>	<b><u>Wednesday</u></b>	<b><u>Thursday</u></b>	<b><u>Friday</u></b>
<b>Protein</b>	Pancakes w/ Turkey Sausage	Ham Sandwich on Wheat	Grilled Cheese	Turkey Meatloaf	Whole Wheat Pizza
<b>Vegetable</b>	Cucumbers	Peas	Green Beans	Rice w/ Carrots and Celery	Carrots
<b>Fruit</b>	Peaches	Mandarin Oranges	Fruit Yogurt	Apple Sauce	Pears
<b>Dairy</b>	Milk	Milk	Milk	Milk	Milk

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<b>Protein</b>	Whole Wheat Pasta w/ Meat Sauce	Baked BBQ Chicken	Turkey Meatballs w/ Egg Noodles	Wheat Cheese Quesadilla	Whole Wheat Pizza
<b>Vegetable</b>	Peas	Green Beans	Cucumbers	Rice w/ Carrots and Celery	Carrots
<b>Fruit</b>	Pineapple	Peaches	Mandarin Oranges	Pears	Fruit Yogurt
<b>Dairy</b>	Milk	Milk	Milk	Milk	Milk
Week # 2					
	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Protein</b>	Baked Chicken	Turkey Sandwich on Wheat	Whole Wheat Mac and Cheese	Pancakes w/ Turkey Sausage	Whole Wheat Pizza
<b>Vegetable</b>	Corn	Peas	Green Beans	Carrots	Cucumbers
<b>Fruit</b>	Cranberry Sauce	Pears	Pineapple	Apple Sauce	Mandarin Oranges
<b>Dairy</b>	Milk	Milk	Milk	Milk	Milk
Week # 3					
	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Protein</b>	Soft Chicken Tacos	Turkey Meatballs w/ Egg Noodles	Baked Chicken	Whole Wheat Mac & Cheese	Whole Wheat Pizza
<b>Vegetable</b>	Rice w/ Carrots and Celery	Green Beans	Carrots	Peas	Corn
<b>Fruit</b>	Peaches	Pineapple	Mandarin Oranges	Apple Sauce	Fruit Yogurt
<b>Dairy</b>	Milk	Milk	Milk	Milk	Milk
Week # 4					
	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Protein</b>	Pancakes w/ Turkey Sausage	Ham Sandwich on Wheat	Grilled Cheese	Turkey Meatloaf	Whole Wheat Pizza
<b>Vegetable</b>	Cucumbers	Peas	Green Beans	Rice w/ Carrots and Celery	Carrots
<b>Fruit</b>	Peaches	Mandarin Oranges	Fruit Yogurt	Apple Sauce	Pears
<b>Dairy</b>	Milk	Milk	Milk	Milk	Milk