March 2019

Bright Horizons at Spotswood 732-251-2686 |

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Whole Grain Baked Ziti Broccoli Peaches	2
3	Whole Grain Macaroni and Cheese Peas Sliced Apples	5 Chicken Noodle Soup Breadsticks Pineapple	6 Hamburger on Whole Grain Bun Corn Fresh Cantaloupe	7 Whole Grain Chicken Nuggets Green Beans Applesauce	8 Whole Grain Cheese Lasagna Carrots Pears	9
10	11 Turkey Meatball Hoagies with Red Sauce Broccoli Apricots	12 Potato and Cheese Pierogis Peas Fruit Cocktail	13 Salisbury Steak with Gravy Corn Peaches	14 Turkey and Cheese Wraps Green Beans Fresh Honeydew	BBQ Chicken Mixed Vegetables Pineapples	16
17 St. Patrick's Day	18 Cheese Tortellini in Red Sauce Peas Sliced Apples	19 Teriyaki Chicken Carrots Mandarin Oranges	20 Whole Grain Pizza Mixed Vegetables Pineapple	Tomato Soup with Grilled Cheese Apricots	22 Whole Grain Chicken Nuggets Broccoli Mixed Fruit	23
24	25 Whole Grain Meat Lasagna	26 Tex Mex Rice	27 Hot Turkey with Gravy	28 Chicken Tacos on Whole Wheat Tortilla	29 Whole Grain Macaroni and	30
31	Carrots Pears	Black Beans Fruit Cocktail	Corn Apricots	Green Beans Fresh Strawberries	Cheese Peas Sliced Apples	