



MENU: Week of June 11th – June 15th



BREAKFAST Served with Milk	Monday	Tuesday	Wednesday	Thursday	Friday
Fruit	Peaches	Banana	Pears	Pineapple	Peaches
Starch/ Grain	Nutrigrain Bar	Whole Grain Cheerios	Whole Grain Waffles <i>(Contains egg)</i>	Whole Grain Blueberry Muffin <i>(Contains egg)</i>	Toasted Honey Wheat English Muffin
Other	Yogurt	-	Syrup	-	Cream Cheese
Vegetarian Substitute	-	-	-	-	-
Eggless Substitute	-	-	Nutrigrain Bar	Whole Grain Crispix Cereal	-
LUNCH Served with Milk	Monday	Tuesday	Wednesday	Thursday	Friday
Entrée	Turkey Cheeseburger on a Whole Grain Bun	Grilled Chicken Nuggets	Whole Grain Potato and Cheese Pierogies <i>(Contains egg)</i>	Grilled Naan with Cheese <i>(Contains egg)</i>	Multigrain Pizza
Vegetable	Vegetarian Beans	Mixed Vegetables	Cauliflower	Vegetable Bean Soup	Corn
Starch/ Grain	-	Brown Rice	-	-	-
Fruit	Pears	Pineapple	Applesauce	Orange Slices	Pineapple
Vegetarian Substitute	Vegetable Cheeseburger <i>(Contains egg)</i>	Sunbutter and Grape Jelly on Whole Grain Wrap	-	-	-
Eggless Substitute	Cheese Quesadilla	-	Bowtie Pasta in a Light Butter Sauce	Grilled Cheese on Whole Grain Bread	-
SNACK Served with Water	Monday	Tuesday	Wednesday	Thursday	Friday
Main Item	Pita Chips	Whole Grain Blueberry Lemon Bites	Whole Wheat Crackers	Nutrigrain Bar	Cinnamon Apple Rice Cake
Fruit/Vegetable	Applesauce	Pears	Apple Slices	Applesauce	Mixed Fruit
Other	Salsa	-	Sunbutter	-	-
Eggless Substitute	-	-	-	-	-