# Bright Horizons at Christiana News

#### From the Director

# You're Invited! CURRICULUM NIGHT

September is known for the end of summer and start of a new school year. While we do classroom transitions throughout the year at Bight Horizons at Christiana, there are many children that transition in the fall. We would like to take this transition time to host our annual Curriculum Night. This is a time where parents can come see what Bright Horizons at Christiana has in store for your children this year! Some highlights will include the opportunity for you to:

Learn about *The World at Their Fingertips* and how it works to build on individual strengths and talents.

Explore activities your child will get to participate in during the day.

See our emergent curriculum and how it uses your child's own interest to inspire learning.

Experience our age-specific Signature Practices.

We hope you will join us from 4:00pm-6:30pm on Wednesday, September 26<sup>th</sup>. All parents that participate in classroom activities will receive a coupon for a free Pizza Friday slice.

## **Important Dates**

September 13th Soccer Shots Fall session

begins (rooms 13, 15, 6, 8)

September 25<sup>th</sup>-27<sup>th</sup> Scholastic Book Fair

September 26th Curriculum Night

October 8th Center Closed

October 25<sup>th</sup> Read for the Record

October 25<sup>th</sup> October Tuition Due
October 31<sup>st</sup> Fall Festival

#### **Reasons to Celebrate**

Vihaan Twos 4	09/08/2015
Reyansh PS 15	09/08/2015
Diana Teacher Tod 12	09/08/????
Caleb PS 15	09/09/2015
Yaalini PS 6	09/12/2014
Colin PS 6	09/15/2014
Hashir Twos 11	09/17/2016
Justin PS 6	09/17/2014
Niles PS 6	09/19/2014
Jayla PS 15	09/22/2015
Natalie Teacher PS 6	09/23/????
Emilia PS 15	09/24/2015
Miral PS 6	09/25/2014
Brian Kprep 8	09/26/2013
Shelly Sub Teacher	09/28/????
Mila Tod 10	09/29/2017
Richard Twos 11	09/29/2016
Samit Twos 4	09/29/2016

### **Bright Horizons at Christiana**

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Monday - Friday 6:30 am to 6:00 pm



# **CLASSROOM HIGHLIGHTS**

#### Infant

The infants in room 5 spent some time exploring pond life and animals. In ArtSmart the children learned to use simple tools to develop their small muscles. They learned it by painting with rubber ducks and making marks on paper using markers. In Math Counts the children learned to repeat an action to make the same thing happen again and to use simple words to name an object. They learned it by exploring instruments the produce a sound when touched or manipulated and by hearing different animals called by name and the sounds they make they explored them.



#### **Toddler**

Room 16 spent time working on their math concepts, such as classification. We learned to match an appropriate block to the correct shape on a toy. We learned this by experimenting with placing pieces of our shape puzzle into their correct spaces while naming each shape.



#### Twos

The children in Room II are discovering different ways to use materials to make art. We learned to use art materials and tools purposefully and creatively by using varied materials and tools, such as large popsicle sticks, to explore creating art in a different way.



## **Preschool and Kindergarten Prep**

In Room 13, we have explored the science of cooking by learning about and making ice cream and pizza. First, through Math Counts, we used measuring cups to measure out the ingredients from our recipe. Then, through Science Rocks, we learned the properties of liquids when we placed our bag of ice cream mixture in a cooler full of ice. It was exciting to see that the mixture froze! Through Our World and Language Works, we explored different cultures by researching Italian recipe books and books about where the idea of pizza came from. Finally, we learned to serve ourselves independently by making our own dough, spreading the sauce, and sprinkling the cheese on our own pizzas. It has been an exciting summer and we are ready for a great year!



# **READY FOR SCHOOL NEWS**

### **Cooking - A Family Affair**

Gathering in kitchens nourishes our bodies, minds, and souls. Preparing meals together as a family enhances relationships, invites contribution, and helps children understand basic cooking principles. Also, children develop patience as they discover that delicious food doesn't just magically appear. Although cooking as a family affair is probably not as easy as adults whipping up a quick dinner, with a bit of forethought, more cooks stirring a pot can be fun and has tremendous benefits for everyone involved.

Cooking with children helps them learn about nutrition and hone basic reading, math, and science concepts. Reading recipes and learning kitchen vocabulary expands literacy skills, while counting, measuring, and fractions, foster mathematical thinking. Young chefs learn about chemistry and the physical properties of matter as they mix ingredients and watch them combine, separate, expand, change color, develop scents, and change form.

Research shows that children who help in the kitchen develop healthy eating habits because they tend to eat what they prepare. Below are a few suggestions for toddlers and preschoolers.

#### **Toddlers**

Choose simple cooking tasks that match your toddler's skills and attention span.

- Wash fruit and vegetables.
- Measure, pour, mix, and stir ingredients.
- Put ingredients in a crockpot or blender.
- Mash potatoes.



#### **Preschoolers**

Discuss nutrition and why our bodies and minds need the right kind of fuel to work correctly.

- Help plan meals.
- Chop, grate, peel, and cut ingredients.
- Shuck corn.
- Crack eggs.
- Count and categorize ingredients (wet and dry items).



# **BRIGHT HORIZONS NEWS**

## Learn about the year ahead at Curriculum Night



Ask about our upcoming Curriculum Night event!

#### September 26th 4:00pm-6:30pm

During Curriculum Night, you will learn what we have planned for the year ahead for our center's curriculum as well as community center events. Spend time in your child's classroom, ask about the curriculum for their age group, and ask their teacher about future project plans. This event can also be a great time to connect with fellow Bright Horizons families!

Learn about our Bright Horizons educator promises. As Bright Horizons Educators, we promise to...

Nurture and care for the whole child

Craft curriculum based on expert research

Support and develop teachers

Implement an emergent and integrated approach to learning

Cultivate curiosity through projects, exploration, and play

Encourage children to be confident experimenters and problem solvers

**Build** an inclusive and respectful community

Create joyful places for childhood















Check out all the places you can connect with us!