

ROZVRH LEKCÍ

PONDĚLÍ	ÚTERÝ	STŘEDA	ČTVRTEK	PÁTEK	SOBOTA	NEDĚLE
7:00 - 8:00 BODYBALANCE Martina & Tereza				7:00 - 8:00 BODYPUMP Martina Frenková		
	9:00 - 9:30 LES MILLS GRIT Virtual Les Mills		9:00 - 10:00 BODYCOMBAT Virtual Les Mills		9:00 - 10:00 BODYPUMP Martina Frenková	
10:00 - 11:00 BODYCOMBAT Virtual Les Mills		10:00 - 11:00 BODYATTACK Virtual Les Mills		10:00 - 10:30 LES MILLS GRIT Virtual Les Mills	10:10 - 11:10 BODYBALANCE Martina & Tereza	10:00 - 10:45 SH'BAM Virtual Les Mills
	11:30 - 12:30 BODYPUMP Virtual Les Mills		11:30 - 12:30 BODYPUMP Virtual Les Mills			12:00 - 13:00 BODYPUMP Virtual Les Mills
12:00 - 13:00 BODYPUMP Virtual Les Mills	12:30 - 13:15 LES MILLS CORE Virtual Les Mills	12:00 - 13:00 BODYPUMP Virtual Les Mills	12:30 - 13:15 LES MILLS CORE Virtual Les Mills	12:00 - 13:00 BODYPUMP Virtual Les Mills	13:00 - 13:30 LES MILLS GRIT Virtual Les Mills	13:00 - 13:30 LES MILLS CORE Virtual Les Mills
13:00 - 13:30 LES MILLS CORE Virtual Les Mills		13:00 - 13:30 LES MILLS CORE Virtual Les Mills		13:00 - 13:30 LES MILLS CORE Virtual Les Mills	13:30 - 14:00 LES MILLS CORE Virtual Les Mills	14:00 - 14:30 LES MILLS BARRE Virtual Les Mills
	15:00 - 16:00 BODYCOMBAT Virtual Les Mills					15:00 - 15:30 LES MILLS GRIT Virtual Les Mills
16:00 - 17:00 BODYPUMP Dominik Piskoř	16:00 - 16:55 TABATA Daniel Hampel	16:00 - 17:00 BODYPUMP Martina Frenková		16:00 - 17:00 BODYATTACK Tereza Frenková	16:00 - 17:00 BODYCOMBAT Virtual Les Mills	
17:10 - 18:10 BODYATTACK Tereza Frenková	17:00 - 18:00 BODYPUMP Daniel Hampel	17:10 - 17:40 LM CORE 30' Martina Frenková	17:00 - 18:00 BODYSTEP Tereza Frenková		17:30 - 18:30 BODYATTACK Virtual Les Mills	17:00 - 18:00 STABILITA A MOBILITA Martin Míček
	18:10 - 19:10 BODYBALANCE Michaela Ruzs Lubyová		18:05 - 19:05 BODYBALANCE Michaela Ruzs Lubyová			18:00 - 19:00 BODYBALANCE Martina & Tereza