BRIGHT HORIZONS AT WHEATON

What's on the Menu?



Week of: Nov. 12 th	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Corn ChexFresh FruitOrganic Milk	 Cinnamon Raisin Bagel Cream Cheese Fresh Fruit Organic Milk 	 Scrambled Cheesy Eggs Fresh Fruit Organic Milk 	 Turkey Sausage Patty Biscuit Fresh Fruit Organic Milk 	Blueberry MuffinFresh FruitOrganic Milk
TODDLER MORNING SNACK	Nutrigrain BarOrganic Milk	Corn ChexFresh Fruit	Cinnamon RaisinBagelOrganic Milk	■ Egg Patty Biscuit	Homemade BananaSnack CakeOrganic Milk
LUNCH	 Chicken Tacos Black Bean Medley Fresh Fruit Organic Milk V: Cheese Quesadilla 	 Swedish Meatballs Egg Noodles Peas & Carrots Fresh Fruit Organic Milk V: Veggie Crumble with Egg Noodles 	 Cheesy Chicken & Rice Casserole Fresh Fruit Organic Milk V: Rice with Cheese Sauce 	 Grilled Cheese Sandwich Tomato Soup Fresh Fruit Organic Milk 	 Macaroni and Cheese Green Beans Fresh Fruit Organic Milk
AFTERNOON SNACK	Apple Cinnamon MuffinOrganic Milk	 Carrot Sticks Red Pepper Hummus I/T: Wheat Crackers 	Homemade BananaSnack CakeFresh Fruit	Cottage CheeseFresh Fruit	Turkey ClicesCucumbers

We Serve Healthy Meals

- Vegetarian meal options available
- Fresh fruits and vegetables served daily
- Proteins include chicken, turkey, beef, pork, cheese, and beans
- Whole milk served to Infants and Toddlers
- 1% milk served to Young Preschool, Preschool and Kindergarten Prep
- All meals are served family style



* Infant/Toddler Alternative* Vegetarian Alternative

