The Academy at Westwood		June 2019		SnaCk Menu	
Monday	Tuesday	Wednesday	Thursday	Friday	
	Su	helle	IER		SPECIAL NOTES *** Water is available to students at all times. *** Snack menu is subject to change based on availability.
3 Morning Veggie Chips Watermelon Afternoon Mini Wheats Bananas	4 Morning Pita Chips Swiss Cheese Afternoon Chex Cereal Dried Cherries	5 Morning Tortilla American Cheese Afternoon Multi Grain Crackers Yogurt	6 Morning Raisin Bran Dried Blueberries Afternoon Pub Mix Fruit Snacks	7 Morning Graham Crackers Apple Butter Afternoon Applesauce Raisins	SERVING SIZES Cereal 1/3 c. Cereal w/Raisins 1/2 c. Pretzels 3 lg/10 sm Multigrain Crackers 2 Graham Crackers 1 Townhouse/Ritz/Club 3
10 Morning Wheat Thins String Cheese Afternoon Nutri-Grain Bars	11 Morning Goldfish Mango Chips Afternoon Ritz Crackers Craisins	12 Morning Special K Seaweed Afternoon Cheez Its Raisins	13 Morning Cheerios Yogurt Afternoon Chex Cereal Frozen Blueberries	14 Morning Chex Cereal Dried Fruit Afternoon Multi Grain Crackers American Cheese	Wheat Thins8Cheez-Its14Goldfish20Veggie Chips11Pita Chips3Veggie Straws18
17 Morning Pita Chips Dried Blueberries Afternoon Tortillas Apple Butter	18 Morning Veggie Chips Raisins Afternoon Pirates Booty Dried Apricots	19 Morning Multi Grain Crackers Hummus Afternoon Graham Crackers Mango Chips	20 Morning Snap Pea Crisps Apple Sauce Afternoon Fig Bars	21 Morning Sea Salt Crisps Dried Bananas Afternoon Pub Mix Seaweed	Pirates Booty14Special K Bars2Fruit Bars1Dried Fruit1/6 c.Frozen Berries1/4 c.Cheese1Fruit Snacks1
24 Morning Special K Yogurt Afternoon Pretzels Hummus	25 Morning Cheez-its Dried Cherries Afternoon Ritz Crackers American Cheese	26 Morning Cheerios Raisins Afternoon Fresh Watermelon	27 Morning Veggie Chips Seaweed Afternoon Raisin Bran Dried Mangos	28 Morning Goldfish Dried Blueberries Afternoon Multigrain Crackers Craisins	Applesauce 1/4 c. Greek Yogurt 1/2 c. Banana/Apple Chips 8