

BRIGHT HORIZONS AT LISLE – Sept 14th-18th

What's on the Menu?

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-----------------|--|---|--|--|--|
| BREAKFAST | Rice Crispies Bananas Organic Milk | Blueberry Muffins Peaches Organic Milk | French Toast Casserole Pears Organic Milk | Warm Oatmeal Apples Organic Milk | Cheerios Bananas Organic Milk |
| LUNCH | Hamburger Noodle Bake Steamed Carrots Pears Organic Milk Sub :Veggie Noodle Bake | Swedish Meatballs Mashed Potatoes Steamed Green Beans Oranges Organic Milk Sub: Veggie Swedish Meatballs | Vegetable Pasta Bake Steamed Cauliflower Oranges Organic Milk | Chicken and Broccoli Casserole Steamed Mixed Veggies Oranges Organic Milk Sub: Veggie Chicken Broccoli Casserole | Homemade Chicken Noodle Soup with Fresh Veggies Warm Corn Muffin Pears Organic Milk Sub: Vegetable Noodle Soup |
| AFTERNOON SNACK | Trail Mix Cucumber Slices Water | Graham Crackers Apples Water | Cheese Quesadilla Cucumber Slices Water | Banana and Sun Butter Sandwich Water | Homemade Orange Dream Loaf Watermelon Water |

 Vegetarian Alternative

- ▶ All meals are baked, not fried
- ▶ Vegetarian meal options available
- ▶ Fresh fruits and vegetables served daily
- ▶ Proteins include chicken, turkey, beef, tofu, cheese, and beans
- ▶ Whole milk served to children ages 12-24 months
1% milk served to children 24 months and older

