

# February 2019

Bright Horizons at Spotswood

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Baked Ziti Peas Mandarin Oranges	2  Groundhog Day
3	4 Beef Soft Tacos Black Beans Pineapple	5 Chicken Nuggets Green Beans Applesauce  Chinese New Year	6 Whole Grain Macaroni & Cheese Carrots Fresh Strawberries	7 Whole Grain Pizza Broccoli Fresh Cantaloupe	8 Whole Wheat Penne & Meat Sauce Peas Peaches	9
10	11 BBQ Grilled Chicken Black Beans Apricots	12 Whole Grain Meat Lasagna Broccoli Fruit Cocktail	13 Hamburger on Whole Wheat Bun Corn Watermelon	14 Cheese Tortellini Green Beans Pears  Valentine's Day	15 Assorted Lunch	16
17	18  CENTER CLOSED  President's Day	19 Tomato Soup Grilled Cheese on Whole Wheat Bread Peaches	20 Turkey Meatball Hoagies in Red Sauce Green Beans Fresh Honeydew	21 Beef Stroganoff Egg Noodles Corn Fruit Cocktail	22  Cheese Quesadillas Assorted Veggies Pears	23
24	25  Potato and Cheese Pierogis Green Beans Pineapple	26 Turkey & Cheese Pinwheels Peas Applesauce	27 Salisbury Steak Corn Sliced Apples	28 Grilled Chicken Parmesan Carrots Fresh Strawberries		