

April Snack Menu



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Monday	Tuesday	Wednesday	Thursday	Friday	Special Notes
1 Morning Yogurt, Granola and Banana Afternoon Apples Mozzarella	2 Morning Oatmeal Blueberries Afternoon Multigrain Bread Sun Butter & Banana	3 Morning Sun Butter Apples Afternoon Wheat Crackers Mozzarella	4 Morning Yogurt & Banana Afternoon Pita Chips Hummus	5 Morning Oatmeal Berries Mix Afternoon Apples Crackers	*** Water is available to students at all times. *** Fresh fruits are seasonal and may change based on availability. *** Snack menu is subject to change based on availability.
8 Morning Multigrain Bread Sun Butter & Banana Afternoon Apples Goldfish	9 Morning Yogurt Granola Afternoon Ritz Mozzarella	10 Morning Graham Crackers Craisins Afternoon Apples Seaweed	11 Morning Oatmeal Berries Afternoon Crackers Craisins	12 Morning Yogurt Blueberries Afternoon Pretzels Hummus	Serving Sizes Cereal 1/3 c. Pretzels 3 lg/10 sm Multigrain Crackers 2 Townhouse/Ritz/Club 3 Multigrain Bread ½ Slice Yogurt ½ c. Apple Slices 3 Avocado 1/4 c.
SF	RIN		REA		Graham Crackers 1 Wheat Thins 8 Cheez-its 14 Goldfish 20 Veggie Chips 15 Baked Crackers 14 Baked Pita Chips 10 Oatmeal ½ c
22 Morning Cheerios Raisins Afternoon Seaweed Mango	23 Morning Oatmeal Blueberries Afternoon Saltines Mozzarella	24 Morning Cheerios Craisins Afternoon Hummus Crackers	25 Morning Multigrain bread and Sun Butter Afternoon Graham Crackers Craisins	26 Morning Oatmeal Berries Mix Afternoon Mangoes Goldfish	Dried Fruit 1/6 c. Frozen Berries ½ c. Cheese 1 Cereal Bars 1 Seaweed 3 Hummus ¼ c. Bananas ½ c. Strawberries ½ c. Whole grain tortilla 1
29 Morning Cheerios Blueberries Afternoon Seaweed Mangoes	30 Morning Sun Butter Mult. Grain Bread Afternoon Wheat Crackers Mozzarella				Applesauce 1/4 c. Apricots 5 Banana/Apple Chips ½ cup Mangos 1.5oz Veggie Straws 1oz Sun Butter 1 tbsp Granola ¼ c Cucumber ½ c Carrot sticks 1 cup