

Sunscreen and Insect Repellent - Permission

Sunscreen and insect repellent should be applied to a child at least once at home to test for any allergic reaction. Aerosols, sprays and combined sunscreen/insect repellents are prohibited.

Sunscreen must provide UVB and UVA protection with an **SPF of 15 or higher**.

Sunscreen **may not** be used on infants under **6 months** of age, unless parent permission below is granted.

Insect repellent may only be used if recommended by public health authorities or requested by a parent/guardian. The repellent must contain a concentration of **30% DEET or less**. Insect repellent **may not** be used on infants under **2 months** of age. Oil of lemon eucalyptus and para-methane products may not be used on children under the age of three.

All sunscreen and insect repellent provided by a parent/guardian must be:

- provided in the original container;
- clearly labeled with the child's full name;
- within the expiration date;
- appropriate for the age of the child; and
- free of nut ingredients.

Complete one of the following:

I **give** Bright Horizons permission to apply (*name of sunscreen*)

_____ and/or (*name of insect repellent*)

_____ when outdoor conditions warrant and consistent with package instructions (subject to any special instructions below) to my child, _____ from ____/____/____ to ____/____/____ (not to exceed one year).

I **do not** give Bright Horizons permission to apply sunscreen and/or insect repellent to my child, _____. I do not hold Bright Horizons Children's Centers LLC responsible for my decision and understand that my child may be sunburned/bitten as a result. I understand that **I should provide protective clothing including a hat, lightweight long sleeve shirt and pants** instead, to protect my child from sun exposure and insects during outdoor activities.

Special Instructions

Sunscreen:

Insect Repellent:

(Parent/Guardian Signature)

(Date)