



BRIGHT HORIZONS AT RECURSION

From the Director

Reading aloud with your child builds key language & literacy skills. This shared experience provides an opportunity to connect, ignite their imagination, build a greater understanding of the world, & cultivate a lifelong love of reading. Here are some tips for making the most of story time:

- Hold the book so children can easily see the cover & the illustrations
- Make a few comments about the illustration on the cover
- Show excitement & read the story expressively
- Listen for children's comments or questions & respond briefly to confirm or clarify
- Provide information to extend children's understanding of the story
- Provide a simple explanation for words that children may not be familiar with to help build their language skills. You can describe the meaning of the word, point to an illustration, or use tone of voice to convey meaning.
- Have Fun

Helpful reading questions:

Questions to ask before reading:

- What is the title of the book?
- What do you think the book is about?
- Who is the Author?
- Who is the Illustrator?

Questions to ask during reading:

- What do you think will happen next?
- What is the problem in the book?
- Why do you think the character did that?
- How might the character feel?
- What would you do in that situation?

Questions to ask after reading:

- What happened in the book?
- Which of the characters did you like the best? Why?
- If you were one of the characters, who would you be?
- What do you think could happen next after the story?



MOVEMENT MATTERS SPOTLIGHT

powered by **boks**

Freeze Run!

This is a great movement activity for toddlers and preschool children that can be done outside or inside. This BOKS Burst combines physical activity, like coordinating multiple muscle movements, with enhancing your child's executive function skills.

You will need:

- Speaker
- Music

Directions:

1. Explain to your child/children that the object of the game is to move when the music is playing and to freeze when the music stops.
2. Turn on the music and ask your child/children to start moving.
3. Turn off the music and ask the children to freeze.
4. Repeat!

To learn more about BOKS – a Reebok Foundation initiative, visit their website www.bokskids.org.

Enhanced Health & Safety

Our enhanced COVID-19 protocols ensure our center's health and safety practices align with the CDC and local authorities. Learn more about what we are doing to keep children, families, and staff safe.

brighthorizons.com/child-health-safety

Bright Horizons at Recursion

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Monday – Friday 7:00 a.m. to 6:00 p.m.

