

IRISH NATIONAL CHAMPIONSHIPS 2024 ITA IRISH CUP - 2024-11-02		
Time	Area	
10:00 - 10:19	1	A1FC31 Pattern Female 14 - 17 Yrs Black 2nd (4)
10:20 - 11:04	1	A1MS31 Pattern Male 18 & Over Yrs Black 2nd (11)
11:05 - 11:30	1	A1FS32 Pattern Female 18 & Over Yrs Black 3rd (6)
11:30 - 11:35	1	5 Minute Break
11:35 - 12:11	1	A1MS32 Pattern Male 18 & Over Yrs Black 3rd (9)
12:12 - 12:22	1	A1FS33 Pattern Female 18 & Over Yrs Black 4th - 6th (3)
12:23 - 12:45	1	A1MS33 Pattern Male 18 & Over Yrs Black 4th - 6th (5)
12:45 - 12:50	1	Changeover to Sparring
12:50 - 13:41	1	A2FS31 Sparring Senior Female 51 - 55 kg Black Belt (5)
13:41 - 14:11	1	Lunch
14:11 - 15:05	1	A2MS32 Sparring Senior Male 64 - 69 kg Black Belt (6)
15:06 - 16:18	1	A2MS34 Sparring Senior Male 76 - 81 kg Black Belt (8)
16:18 - 16:23	1	5 Minute Break
16:23 - 17:50	1	A2FC33 Sparring Female 14 - 17 Yrs 54 - 57 kg Black / Belt (10)
17:51 - 19:36	1	A2MC32 Sparring Male 14 - 17 Yrs 56 - 60 kg Black / Belt (12)

IRISH NATIONAL CHAMPIONSHIPS 2024 ITA IRISH CUP - 2024-11-02		
Time	Area	
10:00 - 10:40	2	A1FU10 Pattern Female 15 Yrs & Under Black Belt (10)
10:41 - 11:25	2	A1FS31 Pattern Female 18 & Over Yrs Black 2nd (11)
11:25 - 11:30	2	5 Minute Break
11:30 - 12:25	2	A1MS30 Pattern Male 18 & Over Yrs Black 1st (14)
12:26 - 12:51	2	A1MC31 Pattern Male 14 - 17 Yrs Black 2nd (6)
12:51 - 12:56	2	Changeover to Sparring
12:56 - 13:34	2	A2FS30 Sparring Senior Female Under 50 kg Black Belt (4)
13:34 - 14:04	2	Lunch
14:04 - 15:04	2	A2FS33 Sparring Senior Female 61 - 65 kg Black Belt (7)
15:05 - 15:56	2	A2MS35 Sparring Senior Male 82 - 87 kg Black Belt (5)
15:56 - 16:01	2	5 Minute Break
16:01 - 16:52	2	A2MS36 Sparring Senior Male Over 87 kg Black Belt (5)
16:53 - 17:44	2	A2FC31 Sparring Female 14 - 17 Yrs 46 - 49 kg Black / Belt (5)
17:45 - 18:39	2	A2FC34 Sparring Female 14 - 17 Yrs 58 - 61 kg Black / Belt (6)
18:40 - 19:34	2	A2MC34 Sparring Male 14 - 17 Yrs 66 - 70 kg Black / Belt (6)

IRISH NATIONAL CHAMPIONSHIPS 2024 ITA IRISH CUP - 2024-11-02		
Time	Area	
10:00 - 10:17	3	A1MV30 Pattern Male Veteran Black (5)
10:18 - 11:09	3	A1FS30 Pattern Female 18 & Over Yrs Black 1st (13)
11:09 - 11:14	3	5 Minute Break
11:14 - 12:44	3	A1MC30 Pattern Male 14 - 17 Yrs Black 1st (32)
12:44 - 12:49	3	Changeover to Sparring
12:49 - 13:40	3	A2FS32 Sparring Senior Female 56 - 60 kg Black Belt (5)
13:40 - 14:10	3	Lunch
14:10 - 15:01	3	A2FS34 Sparring Senior Female 66 - 70 kg Black Belt (5)
15:02 - 16:14	3	A2MS33 Sparring Senior Male 70 - 75 kg Black Belt (8)
16:14 - 16:19	3	5 Minute Break
16:19 - 17:46	3	A2FC32 Sparring Female 14 - 17 Yrs 50 - 53 kg Black / Belt (10)
17:47 - 18:56	3	A2MC31 Sparring Male 14 - 17 Yrs 51 - 55 kg Black / Belt (8)
18:57 - 19:35	3	A2MC35 Sparring Male 14 - 17 Yrs 71 - 75 kg Black / Belt (4)

IRISH NATIONAL CHAMPIONSHIPS 2024 ITA IRISH CUP - 2024-11-02		
Time	Area	
10:00 - 11:38	4	A1FC30 Pattern Female 14 - 17 Yrs Black 1st (35)
11:38 - 11:43	4	5 Minute Break
11:43 - 12:23	4	A1MU10 Pattern Male 15 Yrs & Under Black Belt (10)
12:23 - 12:28	4	Changeover to Sparring
12:28 - 12:43	4	A2FS35 Sparring Senior Female 71 - 75 kg Black Belt (3)
12:44 - 13:35	4	A2FS36 Sparring Senior Female Over 75 kg Black Belt (5)
13:35 - 14:05	4	Lunch
14:05 - 14:59	4	A2MS30 Sparring Senior Male Under 57 kg Black Belt (6)
15:00 - 16:21	4	A2MS31 Sparring Senior Male 58 - 63 kg Black Belt (9)
16:21 - 16:26	4	5 Minute Break
16:26 - 17:35	4	A2FC35 Sparring Female 14 - 17 Yrs 62 - 65 kg Black / Belt (8)
17:36 - 17:58	4	A2FC30 Sparring Female 14 - 17 Yrs Under 45 kg Black / Belt (3)
17:59 - 19:26	4	A2MC33 Sparring Male 14 - 17 Yrs 61 - 65 kg Black / Belt (10)

IRISH NATIONAL CHAMPIONSHIPS 2024 ITA IRISH CUP - 2024-11-02		
Time	Area	
10:00 - 10:52	5	A1FC20 Pattern Female 14 - 17 Yrs Blue Belt (22)
10:53 - 11:24	5	A1FC10A Pattern Female 14 - 17 Yrs Yellow / Green Split A (13)
11:24 - 11:29	5	5 Minute Break
11:29 - 12:29	5	A1MC20 Pattern Male 14 - 17 Yrs Blue Belt (25)
12:30 - 13:02	5	A1MV10 Pattern Male Veteran Yellow/Green (12)
13:03 - 13:10	5	A1FV20 Pattern Female Veteran Blue/Red (3)
13:10 - 13:40	5	Lunch
13:40 - 13:53	5	A2MV31 Sparring Male Veteran +80kg Black Belt (4)
13:54 - 13:59	5	A2FS21 Sparring Senior Female 61 - 70 kg Blue / Red (2)
14:00 - 14:05	5	A2FS22 Sparring Senior Female Over 70 kg Blue / Red (2)
14:06 - 14:32	5	A2MU11 Sparring Male 15 yrs & Under 41-45Kg Black Belt (4)
14:33 - 14:42	5	A2MU14 Sparring Male 15 yrs & Under 56-60Kg Black Belt (2)
14:43 - 14:52	5	A2MU15 Sparring Male 15 yrs & Under 61-65Kg Black Belt (2)
14:53 - 15:19	5	A2MU16 Sparring Male 15 yrs & Under Over 65 kg Black Belt (4)
15:20 - 15:42	5	A2FU12 Sparring Female 15 yrs & Under 45-48Kg Black Belt (3)
15:42 - 15:47	5	5 Minute Break
15:47 - 15:56	5	A2FU13 Sparring Female 15 yrs & Under 49-52Kg Black Belt (2)
15:57 - 16:35	5	A2FU14 Sparring Female 15 yrs & Under 53-56Kg Black Belt (4)
16:36 - 16:45	5	A2FU15 Sparring Female 15 yrs & Under 57-60Kg Black Belt (2)
16:46 - 16:55	5	A2MS10 Sparring Senior Male Under 65 kg Yellow / Green (3)
16:56 - 17:09	5	A2MV20 Sparring Male Veteran -80kg Blue/Red (4)
17:10 - 17:59	5	A2MC22 Sparring Male 53 - 58 kg Blue / Red (14)
18:00 - 18:46	5	A2MC25 Sparring Male Over 70 kg Blue / Red (13)

IRISH NATIONAL CHAMPIONSHIPS 2024 ITA IRISH CUP - 2024-11-02		
Time	Area	
10:00 - 10:57	6	A1FC21 Pattern Female 14 - 17 Yrs Red Belt (24)
10:58 - 11:29	6	A1FC10B Pattern Female 14 - 17 Yrs Yellow / Green Split B (13)
11:29 - 11:34	6	5 Minute Break
11:34 - 12:12	6	A1MC21A Pattern Male 14 - 17 Yrs Red Belt Split A (16)
12:13 - 12:48	6	A1MC21C Pattern Male 14 - 17 Yrs Red Belt Split C (15)
12:49 - 13:15	6	A1MV20 Pattern Male Veteran Blue/Red (10)
13:15 - 13:45	6	Lunch
13:45 - 14:12	6	A2MC11 Sparring Male 53 - 58 kg Yellow / Green (8)
14:13 - 14:33	6	A2MC13 Sparring Male 64 - 70 kg Yellow / Green (6)
14:34 - 14:50	6	A2FC11 Sparring Female 46 - 50 kg Yellow / Green (5)
14:51 - 15:04	6	A2FC12 Sparring Female 51 - 55 kg Yellow / Green (4)
15:05 - 15:14	6	A2FV10A Sparring Female Veteran -70kg Yellow/Green (3)
15:15 - 15:20	6	A2FV11 Sparring Female Veteran +70kg Yellow Belt (2)
15:21 - 15:26	6	A2FV12 Sparring Female Veteran Green-Black (2)
15:26 - 15:31	6	5 Minute Break
15:31 - 15:58	6	A2FC20 Sparring Female Under 45 kg Blue / Red (8)
15:59 - 16:23	6	A2FC21 Sparring Female 46 - 50 kg Blue / Red (7)
16:24 - 16:48	6	A2FC23 Sparring Female 56 - 60 kg Blue / Red (7)
16:49 - 16:58	6	A2MV10 Sparring Male Veteran -80kg Yellow/Green (3)
16:59 - 17:12	6	A2MS Sparring Senior Male Blue / Red (4)
17:13 - 17:22	6	A2MV21 Sparring Male Veteran +80Kg Blue/Red (3)
17:23 - 18:27	6	A2MC23 Sparring Male 59 - 63 kg Blue / Red (18)
18:28 - 18:37	6	A2MC20 Sparring Male Under 45 kg Blue / Red (3)

IRISH NATIONAL CHAMPIONSHIPS 2024 ITA IRISH CUP - 2024-11-02		
Time	Area	
10:00 - 10:35	7	A1MC10A Pattern Male 14 - 17 Yrs Yellow / Green Split A (15)
10:36 - 11:07	7	A1MC10B Pattern Male 14 - 17 Yrs Yellow / Green Split B (13)
11:08 - 11:21	7	A1FS10 Pattern Female 18 & Over Yrs Yellow / Green (5)
11:22 - 11:35	7	A1FS20 Pattern Female 18 & Over Yrs Blue / Red (5)
11:35 - 11:40	7	5 Minute Break
11:40 - 12:15	7	A1MC21B Pattern Male 14 - 17 Yrs Red Belt Split B (15)
12:16 - 12:32	7	A1MS10 Pattern Male 18 & Over Yrs Yellow / Green (7)
12:33 - 12:49	7	A1MS20 Pattern Male 18 & Over Yrs Blue / Red (7)
12:50 - 13:08	7	A1FV10 Pattern Female Veteran Yellow/Green (7)
13:08 - 13:38	7	Lunch
13:38 - 13:54	7	A2MC10 Sparring Male Under 52 kg Yellow / Green (5)
13:55 - 14:08	7	A2MC12 Sparring Male 59 - 63 kg Yellow / Green (4)
14:09 - 14:33	7	A2MC14 Sparring Male Over 70 kg Yellow / Green (7)
14:34 - 15:05	7	A2FC14 Sparring Female Over 60 kg Yellow / Green (9)
15:06 - 15:22	7	A2FC13 Sparring Female 56 - 60 kg Yellow / Green (5)
15:23 - 15:28	7	A2FS11 Sparring Senior Female 61 - 70 kg Yellow / Green (2)
15:28 - 15:33	7	5 Minute Break
15:33 - 16:11	7	A2FC22 Sparring Female 51 - 55 kg Blue / Red (11)
16:12 - 16:50	7	A2FC24 Sparring Female Over 60 kg Blue / Red (11)
16:51 - 17:04	7	A2MS11 Sparring Senior Male 66 - 78 kg Yellow / Green (4)
17:05 - 17:21	7	A2MV11 Sparring Male Veteran +80Kg Yellow/Green (5)
17:22 - 18:15	7	A2MC21 Sparring Male 45 - 52 kg Blue / Red (15)
18:16 - 18:40	7	A2MC24 Sparring Male 64 - 70 kg Blue / Red (7)

IRISH NATIONAL CHAMPIONSHIPS 2024 ITA IRISH CUP - 2024-11-02		
Time	Area	
10:00 - 10:45	8	A3MC20 Special Technique Male 14 - 17 Yrs Black Belt (17)
10:46 - 11:11	8	A3MU10 Special Technique Male 15 Yrs & Under Black Belt (7)
11:12 - 11:26	8	A3MS10 Special Technique Male Senior Blue / Red (4)
11:26 - 11:31	8	5 Minute Break
11:31 - 12:16	8	A3FC10 Special Technique Female 14 - 17 Yrs Blue / Red (24)
12:17 - 12:47	8	A3FU10 Special Technique Female 15 Yrs & Under Black Belt (10)
12:47 - 13:17	8	Lunch
13:17 - 14:00	8	A3MS20 Special Technique Male Senior Black Belt (15)
14:01 - 14:30	8	A3FC20 Special Technique Female 14 - 17 Yrs Black Belt (11)
14:31 - 15:30	8	A3MC10 Special Technique Male 14 - 17 Yrs Blue / Red (41)
15:30 - 15:35	8	5 Minute Break
15:35 - 16:14	8	A3FS20 Special Technique Female Senior Black Belt (12)
16:15 - 16:23	8	A3FS10 Special Technique Female Senior Blue / Red (2)
16:24 - 16:54	8	A4FS10 Power Test Female Senior Black Belt (10)
16:55 - 17:37	8	A4MS10 Power Test Male Senior Black Belt (12)
17:46 - 18:08	8	A4FC10 Power Test Female 14 - 17 Yrs Black Belt (6)
19:00 - 19:25	8	A4MC10 Power Test Male 14 - 17 Yrs Black Belt (7)

IRISH NATIONAL CHAMPIONSHIPS 2024 ITA IRISH CUP - 2024-11-02		
Time	Area	
11:00 - 13:00	9	Inclusion Categories