

BRIGHT HORIZONS

What's on the Menu?



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week One	Whole Wheat Pasta w/ Meat Sauce Peas Pineapple	Baked BBQ Chicken Green Beans Peaches	Turkey Meatballs w/ Egg Noodles Cucumbers Mandarin Oranges	Wheat Cheese Quesadilla Rice w/ carrots and celery Pears	Whole Wheat Pizza Carrots Yogurt w/ fruit
Week Two	Baked Chicken Corn Pears	Turkey Sandwich on Wheat Peas Cranberry Sauce	Whole Wheat Mac and Cheese Green Beans Pineapple	Pancakes w/ Turkey Sausage Carrots Applesauce	Whole Wheat Pizza Cucumbers Mandarin Oranges
Week Three	Whole Wheat Pasta w/Meat Sauce Cucumbers Peaches	Turkey Meatballs w/Egg Noodles Green Beans Pineapple	Baked Chicken Carrots Mandarin Oranges	Whole Wheat Mac and Cheese Peas Applesauce	Whole Wheat Pizza Corn Yogurt w/fruit
Week Four	Pancakes w/Turkey Sausage Cucumbers Peaches	Ham Sandwich on Wheat Peas Mandarin Oranges	Grilled Cheese Green Beans Yogurt w/fruit	Turkey Meatloaf Rice w/carrots and celery Applesauce	Whole Wheat Pizza Carrots Pears

We Serve Healthy Meals

- All meals are baked, not fried
- Whole milk served to infants and toddlers
- 1% milk served to young preschool, preschool, and kindergarten prep
- All meals served family style