



Jeannette Cathy Children's Center Weekly Menu



Menu Prepared By: Sandra Strother, Kitchen Manager

Approved by: Gemorial Johnson, Director

Week: 04.22.2019	Monday April 22	Tuesday April 23	Wednesday April 24	Thursday April 25	Friday April 26
A.M. Snack	Whole Grain Cheerios Fresh Bananas Allergy: Gluten-Free Whole Grain Cheerios Fresh Bananas Infants: Fresh Bananas	Turkey Sausage Bagels Pineapples Allergy: Turkey Sausage on Gluten-Free Toast Pineapples Infants: Crushed Pineapples	Whole Grain Pancakes Frozen Strawberries Allergy: Gluten-Free Pancakes Frozen Strawberries Infants: Frozen Strawberries	Turkey Bacon and Egg Biscuits Mandarin Oranges Allergy: Turkey Bacon with Gluten-Free French Toast Mandarin Oranges Infants: Mandarin Oranges	Whole Grain Waffles Frozen Blueberries Allergy: Gluten-Free Waffles Frozen Blueberries Infants: Frozen Blueberries
Lunch	Smoked Turkey Sausage and Roasted Pepper Rigatoni Spinach and Tomato Salad Frozen Peaches Allergy: Smoked Turkey Sausage with Gluten-Free Penne Spinach and Tomato Salad Frozen Peaches Infants: Steamed Broccoli Frozen Peaches	Chicken Scaloppini Whole Grain Brown Rice Steamed Asparagus Frozen Mango Allergy: Baked Chicken Whole Grain Brown Rice Steamed Asparagus Frozen Mango Infants: Frozen Mango	Garlic Herb Turkey Burgers Green Beans Fresh Honeydew Allergy: Garlic Herb Turkey Burger on Gluten-Free Bread Green Beans Fresh Honeydew Infants: Fresh Honeydew	Tuna Sliders Sweet Pea Pasta Salad Apricots Allergy: Turkey Ham Sliders on Gluten- Free Bread Sweet Pea Pasta Salad Apricots Infants: Apricots	Chicken Noodle Casserole Steamed Broccoli Fresh Pears Allergy: Chicken Noodle Casserole with Gluten-Free Pasta Steamed Broccoli Fresh Pears Infants: Diced Pears in Juice
P.M. Snack	Graham Crackers Sun Butter Cups Allergy: Gluten-Free Cookies Diced Pears Infants: Graham Crackers Sun Butter Cups	$\frac{1}{2}$ Cold Cheese Sandwich Fresh Apples Allergy: $\frac{1}{2}$ Dairy- Free Cheese Sandwich On Gluten-Free Bread Fresh Apples Infants: Applesauce	Vanilla Yogurt Granola Allergy: Sun butter Sandwich on Gluten-Free Bread Fruit Cup Infants: Vanilla Yogurt	Strawberry Muffins $\frac{1}{2}$ Bananas Allergy: Gluten-Free Cereal Bar $\frac{1}{2}$ Bananas Infants: Strawberry Muffins	Bread Sticks Marinara Sauce Allergy: Carrot Sticks Gluten-Free Crackers Infants: Bread Sticks Marinara Sauce

Note: Whole Milk for Infants & Toddlers. 1% Milk for Early Preschool, Preschool, Kindergarten Prep, & Camp when present.

Note: Fruits will be fresh, frozen or packed in fruit juice.

Note: Menu subject to change based on availability.