



Family Cooking Workshop

SATURDAY, JULY 21
10:30 AM – 12:00 PM

Cooking is an activity the entire family can enjoy together! When little chefs cook and help select their food, they not only learn healthy habits and expand their palates, but they also are exposed to scientific exploration as they combine different ingredients and see how temperature affects food. Our very own Chef Darrell will be leading families in a cooking workshop where they will prepare an appetizer, main course, and dessert. All children who attend will receive a Bright Horizons apron.

This workshop is geared towards children 2 – 6 years old.

Spaces are limited! Please RSVP to westlake@brighthorizons.com with your name and number of attendees.

Bright Horizons® at Westlake

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