

BRIGHT HORIZONS

What's on the Menu?

April 15-19



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Bran flakes* Fresh mango Milk	Biscuits* w/honey Fresh oranges Milk	Toasted oats* Fresh pineapple Milk	Orange muffin squares* Fresh sliced grapes Milk	Crispy rice Fresh bananas Milk
LUNCH	Sweet & sour chicken w/vegetables Brown rice* Broccoli Milk	Bean and cheese dip w/ tortilla chips (crackers) Roasted carrots Corn & radish salad Milk	Spanish rice* w/beef Peas Applesauce Milk	Cheese pizza Kale salad (cooked kale) Fresh mango pieces Milk	Turkey & cheese sandwiches* Fresh orange wedges Pickled beets Milk
AFTERNOON SNACK	String cheese Fresh apples (Fresh pears)	Spiced applesauce muffin squares* Fresh bananas	Homemade Chex mix Fresh oranges	Garbanzo bean dip Carrot chips (pita wedges*)	Graham crackers Sunflower butter

- Meal service provided by the CCSA
- Unflavored whole milk must be served to 1 year olds; unflavored low-fat or fat-free milk must be served to children 2 through 5 years old
- Substitutions for age group restrictions are indicated by parenthesis
- Substitutions provided for medical needs/documentated family preferences
- *Designates Whole Grain Rich

Parents: This menu is subject to change without notice due to deliveries and emergencies.

www.brighthorizons.com/unitedtherapeuticsnc



Bright Horizons.
Early Education & Preschool

BRIGHT HORIZONS

What's on the Menu?

April 22-26



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Rice Chex* Fresh oranges Milk	Special K Fresh pineapple Milk	Lemon poppy seed muffin squares* Fresh bananas Milk	Cornflakes Fresh pears Milk	Bagels* (mini bagels) w/jelly Fresh mango Milk
LUNCH	Tuna salad Mini bagels Corn Peas Milk	Cheese quiche Fresh fruit cup Cucumber coins Milk	Beef & cheese soft tacos*, lettuce & sliced radishes (cabbage) Sweet potatoes Milk	Creole chicken w/ tomatoes Brown rice* Broccoli Milk	Macaroni* and cheese Collard greens Fresh bananas Milk
AFTERNOON SNACK	Yogurt Homemade granola*	Bean dip Tortilla chips (crackers)	Pimento cheese Pita wedges*	Blueberry banana muffins* Fresh apples (Fresh pears)	Sliced turkey sandwiches*

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BRIGHT HORIZONS

What's on the Menu?

April 29-May 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Toasted oats* Fresh pineapple Milk	Crispy rice Fresh pears Milk	TBD	TBD	TBD
LUNCH	Chili con carne (beef) w/beans Hush puppies Mixed green salad w/watermelon radishes [ranch] (carrots) Milk	Old Bay baked cod Brown rice* Green beans Fresh strawberries Milk	TBD	TBD	TBD
AFTERNOON SNACK	Goldfish crackers* Fresh oranges	Pretzel roll Sliced cheese	TBD	TBD	TBD

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