





Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast				
Cheerios Fresh Fruit Organic Milk	Yogurt Granola Fresh Fruit Organic Milk	Bagel Cream Cheese Fresh Fruit Organic Milk	Scrambled Eggs with Cheese Fresh Fruit Organic Milk	Blueberry Muffin Fresh Fruit Organic Milk
Lunch				
Ham & Cheese Roll Up Carrots Fresh Fruit Organic Milk	Chicken Sandwich on a Roll Green Beans Fresh Fruit Organic Milk	Turkey Tacos Black Beans Fresh Fruit Organic Milk	Pasta Salad Chicken Nuggets Fresh Fruit Organic Milk	Hamburger on a Wheat Bun Sweet Potato Fries Fresh Fruit Organic Milk
Afternoon Snack				
Graham Crackers Fresh Fruit Water	Cheese Cubes Wheat Crackers Water	Pita Bread Hummus Water	Carrot Sticks Wheat Crackers Water	Lemon Blueberry Crackers Fresh Fruit Water
		Vegetarian Lunch Alternative		
Vegetable Patty	Macaroni and Cheese	Cream of Rice with Vegetable Soup	Grilled Cheese	Vegetable Patty



Bright Horizons at Wheaton is proud to collaborate with the Partnership for a Healthier America® in their fight against childhood obesity and in favor of healthy food choices in the early years.

Chef Jacquie

"I enjoy cooking for children. I find it rewarding to prepare healthy, delicious meals that children enjoy eating."

Chef Jacquie has her Illinois Food Handler Manager Certification

