

Young Explorers at United Therapeutics Menu for Week of:

December 31-January 4

Day	Morning Snack	Lunch	Afternoon Snack
Monday	Center Closed		
Tuesday	Center Closed		
Wednesday	Kix Milk	Arroz con queso (brown rice* w/beans & cheese) Carrots Apple wedges (oranges) Milk	Graham crackers Sunflower seed butter
Thursday	Biscuits* w/jelly Tropical fruit w/pineapple & guava Milk	Cheese cubes Cornbread* Black-eyed peas w/tomatoes Turnip greens Milk	Cheez-its Oranges
Friday	Cornflakes Milk	Marinated chicken breast on slider bun* Cabbage Bananas Milk	White bean dip Pita wedges*



- Meal service provided by the CCSA
- Unflavored whole milk must be served to 1 year olds; unflavored low-fat or fat-free milk must be served to children 2 through 5 years old.
- Substitutions provided for age group restrictions as well as medical needs/documentated family preferences
- *Designates Whole Grain Rich

Parents: This menu is subject to change without notice due to deliveries and emergencies.

