1			ry 2022 Menu			
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Important Notes
ارکھ	3	4	5	6	7	
	NA WAR	Whole Grain Pasta with Garlic Butter	Grilled Cheese	Veggie Meatballs with Tomato Sauce	Bean and Cheese Burrito	Green squares indicate daily vegetarian entré
		Whole Grain Pasta with Garlic Butter	Grilled Cheese	Veggie Meatballs with Tomato Sauce	Bean and Cheese Burrito	
	刀头是	Yogurt	Tomato Soup	Veggie Orzo	Roasted Green Beans	
	X /X	Steamed Peas	Mango	Steamed Cauliflower	Cantaloupe	
	•	Pineapple	_	Honeydew	Milk	
MIDC CAN IN		Milk	Milk	Milk	IVIIIK	Our produce i
KIDS CAN IN HE KITCHEN:	10	11	12	13	14	>75% locally sourced
When kids	Turkey Sloppy Joe	Herbed Chicken with Gravy	Spaghetti with Beef	Cheese Quesadilla	Veggie Lasagna	
help make	Veggie Sloppy Joe	Veggie Meatballs with	Sauce Spaghetti with	Cheese Quesadilla	Veggie Lasagna	
foods,		Veggie Gravy	Marinara Sauce			
ney're more	Steamed Carrots	Mashed Sweet Potatoes	Roasted Zucchini	Steamed Peas	Steamed Broccoli	Toddlers will be served whole m 2's and above w be served 1% m
likely to try	Honeydew	Spinach with Ranch	Cran-applesauce	Cantloupe	Pineapple	
new foods.	Milk	Mango	Milk	Milk	Milk	
-	17	Milk 18	19	20	21	
Show kids	17			French Toast Sticks with	21	
how to:		Turkey Chili Mac & Cheese	Chicken Tenders	Strawberry Sauce	Cheese Pizza	Soy milk is
Measure	A CONTIN	Veggie Crumble Mac & Cheese	Veggie Patty with Cheese	Little Ctrourborm, Course Little	Cheese Pizza	available upor request
grains &	Nortin Luther King	December 1 Conseq December 1	Fresh Zucchini with	Turkey Sausage	Fresh Cucumber	Amgen Dining
liquids	King	Roasted Green Beans	Ranch	Steamed Carrots	with Ranch	Commitment: Pou without routine use
	DAY	Mango	Cantaloupe	Pineapple	Applesauce	human antibiotics
Package		Milk	Milk	Milk	Milk	sourcing rBGH-free & yogurt.
cooked	24	25	26	27	28	
rains in the	Chicken Pasta	Cheese Quesadilla	Chicken Brown	Cheese Ravioli with		*In the event you determine that you child(ren) is or may allergic to any men items, please conta Bright Horizons (Cinfisher) immediately ext 78816. Parents of
freezer	Alfredo	Oneese Quesadina	Rice Stir Fry	Marinara	Turkey Slider	
Count	Pasta Alfredo	Cheese Quesadilla	Tofu Brown Rice Stir Fry	Cheese Ravioli with Marinara	Veggie Slider	
minutes	Steamed Peas	Spinach with Ranch	Bok Choy	Steamed Cauliflower	Fresh Yellow	responsible for providing alternativ
during	Mango	Pineapple	Cantaloupe	Honeydew	Squash with Ranch	menu for their
cooking	N A:U.	Тіпеарріе	·		Applesauce	child(ren).
	Milk	Milk	Milk	Milk	Milk	
lame all of	31	Feb 1	Feb 2	Feb 3	Feb 4	
he cooking	Mac & Cheese	Turkey Burger	Whole Grain Strawberry Pancake	Turkey Sloppy Joe	Baked Ziti with Marinara	
itensils and			Whole Grain Strawberry			
ngredients	Mac & Cheese	Veggie Burger	Pancake with Veggie Sausage	Veggie Sloppy Joe	Baked Ziti with Marinara	
while	Roasted Green Beans	Rice Pilaf	Turkey Sausage	Roasted Yellow Squash	Roasted Zucchini	
creating		Steamed Carrots	Cucumber	Pineapple	Cantaloupe	
your meal	Mango	Honeydew Milk	Applesauce	Milk	Milk	
, 5 4. 111041	Milk	IVIIIIX	Milk	IVIIIX	NIIIK	

Menu is subject to change without notice based on food availability.

^{*} This menu satisfies the USDA Child Care Food Program guidelines. Please review this menu carefully and determine whether your child(ren) may be allergic to any menu item ("Allergen"). If you believe your child(ren) may be allergic to any item on this menu, or if you would like additional information regarding the ingredients of any menu item, please contact Cindy Fisher at ext 78816.

Upon your request, you will receive a complete list of ingredients for each menu item requested.