



Jeannette Cathy Children's Center Weekly Menu



Menu Prepared By: Sandra Strother, Kitchen Manager

Approved by: Gemorial Johnson, Director

Week: 11.19.2018	Monday November 19	Tuesday November 20	Wednesday November 21	Thursday November 22	Friday November 23
A.M. Snack	Homestyle Waffles Sliced Oranges Allergy: Gluten-Free Waffles Sliced Oranges Infants: Mandarin Oranges	House Made Cinnamon Rolls Fresh Bananas Allergy: Gluten-Free French Toast Fresh Bananas Infants: Fresh Bananas	Whole Grain Cheerios Frozen Strawberries Allergy: Gluten-Free Corn Cereal Frozen Strawberries Infants: Frozen Strawberries	Happy Thanksgiving	JCCC Closed
Lunch	Orzo Pasta Chicken Casserole Green Beans Mixed Berries Allergy: Chicken Casserole w/Gluten-Free Pasta, Dairy-Free Mayo Green Beans Mixed Berries Infants: Mixed Berries	Turkey Wraps Roasted Potato Wedges Fresh Pears Allergy: Turkey on Gluten-Free Bread Roasted Potato Wedges Fresh Pears Infants: Diced Pears	Grilled Cheese Sandwich w/Fresh Spinach Roasted Corn & Peppers Apple Salad Allergy: Grilled Cheese Sandwich on Gluten-Free Bread w/Dairy-Free Cheese & Spinach Roasted Corn Apple Salad Infants: Applesauce	Happy Thanksgiving	JCCC Closed
P.M. Snack	Garden Salad Bread Sticks Allergy: Garden Salad Gluten-Free Crackers Infants: Pea Salad	Cheese Sticks Whole Wheat Crackers Allergy: Dairy-Free Cheese Gluten-Free Crackers Infants: Cheese Slices	Whole Wheat Crackers Freshly Made Hummus Allergy: Gluten-Free Crackers Freshly Made Hummus Infants: Freshly Made Hummus	Happy Thanksgiving	JCCC Closed

Note: Whole Milk for Infants & Toddlers. 1% Milk for Early Preschool, Preschool, Kindergarten Prep, & Camp when present.

Note: Fruits will be fresh, frozen or packed in fruit juice.

Note: Menu subject to change based on availability.