

Medtronic Child Care Center Menu

Jan 15 - 19, 2018

Requirements	Breakfast Select 3 Food Groups Grains/bread Juice/fruit/vegetable Milk/fluid	Morning Snack Select 2 of 4 groups Milk/fluid Juice/fruit/vegetable Grain/bread Meat/meat alternative	Lunch Select 4 Food Groups Meat/meat alternative Vegetable/fruit Grain/bread Milk/fluid Extras	Afternoon Snack Select 2 of 4 groups Milk/fluid Juice/fruit/vegetable Grain/bread Meat/meat alternative
Monday				
Tuesday	Scrambled Eggs **Wheat Bread Applesauce Milk	**Graham Crackers Cheese Slices Water	Chicken Noodle Soup **Saltine Crackers Pineapple Peas Milk	**Zucchini Bread Milk
Wednesday	Life Cereal Mandarin Oranges or Sliced Oranges Milk	Sliced Apples Sunbutter Dip Water	Spaghetti w/ Meat Sauce and Cheese Steamed Squash Diced Melon Milk	Diced Pears **Wheat Crackers Water
Thursday	**Biscuit w/ Grape Jelly Applesauce Milk	Cottage Cheese Diced Peaches Water	**Tofu and Vegetable Stir Fry w/ Sweet Soy Sauce Steamed Brown Rice Diced Mango Milk	String Cheese **Ritz Crackers Water
Friday	Special K Diced Pears Milk	**Mini Bagels Cream Cheese Water	**Tuna Sandwich Steamed Mini Carrots Diced Pineapple Milk	Blanched Broccoli Ranch Dip Milk

** Contain Soy

Prepared by:



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BON APPÉTIT
MANAGEMENT COMPANY