



## **Patient Information**

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### **Gestational 1 Hour Glucose Tolerance Screen**

#### **What do I need to know about the Glucose Tolerance Screen?**

No preparation is usually needed for the screening test done during pregnancy. This test can be done at any time of the day; therefore you do not need to limit food or fluids before the test.

#### **What will happen during my Gestational 1 Hour Glucose Tolerance Screen?**

##### **At the Lab:**

- You will be given the Glucola concentration prescribed by your physician. You must drink this within 5 minutes. Timing begins following ingestion of the Glucola.
- Do not eat during the test (no mints, gum, or smoking). You may drink only water during this time.
- Your blood will be collected 1 hour after the ingestion of the glucola.
- If vomiting occurs, test will need to be canceled and rescheduled at a later date.

**For additional information call (317) 736-3500**