



Vegetarian Lunch – May, 2018

	5/1 French lentils w/ thyme Mashed sweet potatoes Wheat bread/butter Fresh fruit	5/2 Vegetarian dirty rice with cheese, vegetables, quinoa & farrow Apple cole slaw Fresh fruit	5/3 Black bean, corn, & cheese quesadilla With whole wheat tortilla Green Beans Fresh fruit	5/4 *Lasagna Tossed salad Fresh fruit
5/7 Teriyaki patty Grated cheese Vegetable salad Fresh fruit	5/8 Vegetarian chili Broccoli & cheese salad Whole wheat bread/butter Fresh fruit	5/9 *Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit	5/10 Gardenburger Bean medley Roll Fresh fruit	5/11 Quinoa, couscous, and parmesan California blend vegetables Whole wheat bread/butter Fresh fruit
5/14 Vegetarian sloppy joe Corn & edamame Roll Fresh fruit	5/15 *Cheese melt Tomato alphabet soup Fresh fruit	5/16 Picadillo Pineapple/Mango cole slaw Whole wheat bread/butter Fresh fruit	5/17 Lo Mein w/ scrambled egg Oriental vegetables Wheat bread/butter Fresh fruit	5/18 *Whole wheat macaroni & cheese Mixed vegetables Fresh fruit
5/21 Cheese tortellini w/ olive oil & basil Grated cheese Spinach salad Fresh fruit	5/22 *Pizza Garden salad Fresh fruit	5/23 Veggie nuggets Tuscan bean and garlic soup Wheat bread/butter Fresh fruit	5/24 *Spinach manicotti Carrots Whole wheat bread/butter Fresh fruit	5/25 *Beans & Rice Tossed salad Tortilla Fresh fruit
5/28 ***** CLOSED FOR MEMORIAL DAY *****	5/29 Broccoli & cheddar quinoa w/ brown rice Salad Fresh fruit	5/30 Broccoli Quiche Peas Whole wheat bread/butter Fresh fruit	5/31 Spaghetti & tomato sauce w/ soy Grated cheese Spinach salad Fresh fruit	

*Vegetarian meal