

The Children's Campus @ Georgia Tech

July 2022

WEEKLY MEALS MENU

MONDAY July 4	TUESDAY July 5	WEDNESDAY July 6	THURSDAY July 7	FRIDAY July 8
CENTER CLOSED	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
	Center Closed	Honey Graham Cereal Bananas Milk	Yogurt Mixed Berries Milk	Mini Bagels Cream cheese Fresh Fruit Milk
CENTER CLOSED	LUNCH	LUNCH	LUNCH	LUNCH
	Center Closed	Chicken Tenders Mixed Vegetables Fresh Fruit Milk Veggie Option: Veggie Tenders	Cheese Enchiladas Steamed Broccoli Fresh Fruit Milk	Tuna Salad w/crackers Fresh Fruit Milk Veggie Option: Veggie pasta salad
CENTER CLOSED	PM SNACK	PM SNACK	PM SNACK	PM SNACK
	Center Closed	Apple Slices & Sunbutter	Cheese and Crackers with Fresh Fruit	Nutrigrain bars and fresh fruit

Menus subject to change upon availability of products. Water is offered daily. Organic Whole Milk is served to Toddlers for Breakfast and Lunch. 2% Milk is served to all other age groups for Breakfast and Lunch.

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E - Indicates contains or may contain eggs

MONDAY July 11	TUESDAY July 12	WEDNESDAY July 13	THURSDAY July 14	FRIDAY July 15
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Frosted Mini Wheats Fresh Fruit Milk	Potatoes, Green Peppers & Onions Fresh Fruit Milk	Waffles Fresh Fruit Milk	Grits Veggie Sausage Fresh Fruit Milk	Cheese Toast Apple sauce Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Grilled Cheese Tater Tots Fresh Fruit Milk	Chicken & Wild Rice Casserole Green Beans Fresh Fruit Milk Veggie Option: Tofu & Wild Rice	Veggie Lo Mein Fresh Fruit Milk	Spaghetti w/ Turkey Meat sauce Garden Salad (ranch) Fresh Fruit Milk Veggie Option: Spaghetti w/ red sauce	Baked Tilapia Sweet Corn Fresh Fruit Milk Veggie Option: Veggie Patties
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK

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Apple Sauce	Cheese and Crackers and fresh fruit	Graham Crackers and fresh fruit	Salsa Corn Chips	Assorted Muffins
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MONDAY July 18	TUESDAY July 19	WEDNESDAY July 20	THURSDAY July 21	FRIDAY July 22
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Turkey Sausage Biscuit Fresh Fruit Milk Veggie Option: Veggie Sausage	Frosted Mini Wheat Cereal Fresh Fruit Milk	French Toast Sticks Fresh Fruit Milk	Breakfast Burrito: Egg, Cheese, Veggie Sausage Fresh Fruit Milk	Corn Chex Cereal Fresh Fruit Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Mac-n-Cheese Steamed Broccoli Fresh Fruit Milk	Chicken, Rice, & Cheese Casserole Fresh Fruit Milk Veggie Options: Tofu, Rice, Casserole	Pasta Primavera Fresh Fruit Milk	Fish Sticks Cali Blend Veggies Fresh Fruit Milk Veggie Option: Veggie Patties	Turkey and Cheese Sandwiches Sliced Apples Pita Chips Milk Veggie Option: Grilled veggie wraps

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PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Apple Slices and Sunbutter	Graham Crackers & oranges	Cheese and Crackers	Chex Party Mix	Vanilla Wafers And fresh fruit

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MONDAY July 25	TUESDAY July 26	WEDNESDAY July 27	THURSDAY July 28	FRIDAY July 29
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Potatoes, Green Peppers & Onions Fresh Fruit Milk	Frosted Mini Wheats bananas Milk	Blueberry Pancakes Veggie Sausage Milk	Cheese Grits Fresh Fruit Milk	Cinnamon Toast Apple Sauce Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Mac-n- Cheese Cali Blend Veggies Fresh Fruit Milk	Turkey Meatballs in brown gravy Tater Tots Fresh Fruit Milk Veggie Option: Veggie Patties	Pasta Primavera Fresh Fruit Milk	Chicken Pot Pie w/Veggies Fresh Fruit Milk Veggie Option: Veggie Pot Pie	Chicken Salad w/crackers Fresh Fruit Milk Veggie Option: Veggie Pasta Salad

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PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Assorted Muffins	Mixed Fruit Cups	Chex Party Mix	Vanilla Wafers and fresh fruit	Graham Crackers and fresh fruit

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