



January 2019

Snack Menu

Happy New Year!

Monday	Tuesday	Wednesday	Thursday	Friday	
	1	2	3	4	Special Notes *** Water is available to students at all times. *** Snack menu is subject to change based on availability. *** Snacks served by 10:30am for morning and 3:00pm for afternoon.
7	8	9	10	11	Serving Sizes Cereal 1/3 c. Cereal w/Raisins 1/2 c. Pretzels 3lg/10sm Multigrain Crackers 2 Graham Crackers 1 Townhouse/Ritz/Club 3 Wheat Thins 8 Cheez-Its 14 Goldfish 20 Veggie Chips 11 Pita Chips 3 Veggie Straws 18 Pirates Booty 14 Special K Bars 2 Fruit Bars 1 Dried Fruit 1/6 c. Frozen Berries 1/4 c. Cheese 1 Fruit Snacks 1 Applesauce 1/4 c. Hummus 1/4 c. Greek Yogurt 1/2 c. Banana/Apple Chips 8
Morning Pita Chips Raisins Afternoon Fig Bars	Morning Goldfish String Cheese Afternoon Special K w/ Berries Frozen Mango	Morning Cheerios Dried Tangerines Afternoon Nutri Grain Bars	Morning Cheez-its Dried Cherries Afternoon Wheat Thins Seaweed	Morning Graham Crackers Applesauce Afternoon Pita Chips Hummus	
14	15	16	17	18	
Morning Multigrain Crackers Hummus Afternoon Oatmeal Squares Fruit Leathers	Morning Ritz Crackers Raisins Afternoon Pita Chips Seaweed	Morning Veggie Straws String Cheese Afternoon Cheez-its Frozen Mango	Morning Snap Pea Crisps Dried Cherries Afternoon Pretzels Hummus	Morning Nutri Grain Bars Afternoon Cheerios Yogurt	
21	22	23	24	25	
CHALK CLOSED  Martin Luther King Jr. Day	Morning Mini Wheats Frozen Berries Afternoon Veggie Straws Applesauce	Morning Chex Cereal Dried Cherries Afternoon Nutri Grain Bars	Morning Pretzels Dried Tangerines Afternoon Wheat Thins Yogurt	Morning Ritz Crackers Fruit Leathers Afternoon Special K w/ Berries Dried Tangerines	
28	29	30	31		
Morning Goldfish Craisins Afternoon Graham Crackers Seaweed	Morning Snap Pea Crisps Fruit Snacks Afternoon Rice Rolls Dried Cherries	Morning Fig Bars Afternoon Oatmeal Squares String Cheese	Morning Terra Veggie Chips Frozen Berries Afternoon Cheerios Applesauce		