



## Bright Horizons Pembroke Weekly Snack Menu

### AM

### PM

<b>Monday</b>	Bran muffins w/ fruit	Wheat thins w/ string cheese
<b>Tuesday</b>	Whole grain bagels w/ cream cheese	Raisin bread w/ fruit
<b>Wednesday</b>	Nutrigrain cereal bars	Rice cakes w/ sun butter
<b>Thursday</b>	Cereal w/ milk	Graham crackers w/ fruit
<b>Friday</b>	Yogurt w/ raisins	Veggies w/ hummus

**Milk and water will be provided.**

**Substitutions may be made.**

**If your child has any allergies or intolerances please let a member of the staff know.**

Updated 8/28/18