

Young Explorers at United Therapeutics Menu for Week of:

November 13-16

Day	Morning Snack	Lunch	Afternoon Snack
Tuesday	Cheerios Milk	Arroz con queso (rice* w/beans & cheese) Carrots Pineapple tidbits Milk	String cheese Apples (pears)
Wednesday	Mini bagels w/cream cheese Diced peaches Milk	Spaghetti* w/meat sauce & tomatoes Roasted cauliflower French bread* Milk	Goldfish crackers* Sliced grapes
Thursday	Spiced applesauce muffin squares* Mandarin oranges Milk	"Brunch for Lunch" Turkey sausage patties Biscuits* Home fried potatoes Fresh fruit cup w/strawberries & pineapple Milk	Pimento cheese Pita wedges
Friday	Whole wheat bread* Boiled egg Diced pears Milk	Cheese pizza Green salad w/carrots (carrots) [Italian vinaigrette] Pineapple tidbits Milk	Whole grain granola muffin squares Bananas



- Meal service provided by the CCSA
- Unflavored whole milk must be served to 1 year olds; unflavored low-fat or fat-free milk must be served to children 2 through 5 years old.
- Substitutions provided for age group restrictions as well as medical needs/documentated family preferences
- *Designates Whole Grain Rich

Parents: This menu is subject to change without notice due to deliveries and emergencies.
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