BRIGHT HORIZONS AT LISLE

What's on the Menu?

Week of 07/29/19	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	CheeriosApplesOrganic Milk	Egg BakePeachesOrganic Milk	Warm English MuffinHomemade JamApplesOrganic Milk	Blueberry MuffinsWatermelonOrganic Milk	CrispexBananasOrganic Milk
MORNING SNACK	Pita Bread with Sun ButterOrangesWater	Pretzel BitesOrangesWater	Graham CrackersCucumber SlicesWater	Oatmeal SquaresApplesWater	String CheesePearsWater
LUNCH	 Swedish Meatballs Mashed Potatoes Steamed Green Beans Pears Organic Milk 	 Chinese Chicken Steamed Brown Rice Pears Organic Milk 	 Beefy Mac Steamed Carrots Oranges Organic Milk 	 Hamburgers on Whole Wheat Buns Steamed Peas Pears Organic Milk 	 Chicken Salad Sandwich on Whole Wheat Bread Steamed Cauliflower Oranges Organic Milk
AFTERNOON SNACK	Ants on LogWater	Whole GrainCheddar crackersApplesWater	Fresh CarrotsRanch DipWater	Rice CakesSun ButtersBananasWater	Homemade Peach BreadCucumbersWater
TAKE HOME SNACK	■ Graham Crackers	■ Nutrigrain Bar	■ String Cheese	Wheat Crackers	 Oyster Crackers

We Serve Healthy Meals

- Vegetarian alternatives available
- Organic whole milk served to Infants and Toddlers
- Organic 1% milk served to Twos, Preschool, and Kindergarten Prep
- All meals included in the tuition
- All meals served family style



