

Advent Day of Reflection at Trinita

Wednesday, November 20, 2019

"Waiting in the Light"



Come join Spiritual Director Lisa Hudkins as we take time to reflect on the meaning of Advent. Our time together will incorporate a discussion on the many ways we can enter into Advent in a more contemplative way. We will share practical ideas such as scripture, prayers, meditations, and the importance of preparing for Advent.

When- Wednesday, November 20, 2019

Time- There will be two sessions offered:

Morning- 9:30-12:30 (which includes lunch) Cost-\$25

Evening- 6:30-8:30 Cost-\$20

What to bring? Please bring an item, song or poem that symbolizes Advent or Christmas to you.

Where? Trinita Retreat Center-595 Town Hill Rd-New Hartford

To register call Trinita at 860-379-4329
or email trinita@charter.net