  **FEBRUARY 2019**  

 **Camp Amgen South Snack Menu \*All Snacks are Nut & Sesame Seed Free**

**FOR ALL ROOMS \*Please note, all rooms are included on this sheet \*Milk (Toddlers-whole; Ages 2 to 5- 1%)**

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** |  **Friday** |
|  |  |  |  | **1****am-** Cottage Cheese w/ Blueberries**pm-** Colby Jack Cheese Sticks w/ Applesauce |
| **4****am-** Rice Chex Cereal **pm-** Tahini FreeHummus w/ WW Pita Bread | **5****am-** Cinnamon Oatmeal w/ Raspberries**pm**- Whole Grain Macaroni & Cheese w/ Steamed Peas | **6****am-** Strawberry Yogurt w/ Blueberries**pm**- Cantaloupe w/ Granola | **7****am-** Bananas w/ Raisin Bread**pm**- Watermelon w/ Graham Crackers | **8****am-** WW Raisin Bagels w/ Cream Cheese**pm**- Honeydew w/ String Cheese |
| **11****am-** Crispix Cereal**pm-** WW Cheddar Cheese Sandwiches w/ Tomatoes & Mustard | **12****am-** Bananas w/ Granola**pm**- Carrot Muffins w/ Pineapple | **13****am-** Blueberry Yogurt w/Graham Crackers**pm**- Oranges w/ Whole Grain Cheddar Crackers | **14****am-** Cream of Wheat w/ Blueberries**pm**- Mild Cheddar Cheese Cubes w/ Sliced Cucumber | **15****am-** Lean Turkey Sausage w/ Applesauce**pm**- Steamed Carrots w/ Greek Yogurt Ranch Dip & Pita Bread |
| **18****am-** Special K Cereal**pm-** Guacamole w/ WW Crackers**25****am-** Corn Chex Cereal**pm-** Oranges w/ Whole Grain Cheddar Crackers | **19** **am-** Peach Yogurt w/ Granola**pm-** Cantaloupe w/ String Cheese**26****am-** Greek Vanilla Yogurt w/ Granola**pm-** Apple Butter w/ WW Bread & Edamame | **20****am-** Cottage Cheese w/ Blueberries **pm-** WWSunflower Butter Sandwiches**27****am-** Bananas w/ Graham Crackers**pm-** Zucchini Muffins w/ Applesauce | **21****am-** Bananas w/ Graham Crackers **pm**- Grilled Chicken Nuggets w/ Mashed Sweet Potatoes **28****am-** WWBagels w/Cream Cheese**pm-** Pineapple w/ String Cheese | **22****am-** Whole Grain Waffles w/ Strawberries**pm-** Honeydew w/ Raisin Bread |

**\***This **menu satisfies the USDA Child Care Food Program Guidelines\*☺ MENU SUBJECT TO CHANGE BASED ON FOOD AVAILABILITY ☺**