  **FEBRUARY 2019**  

**Camp Amgen South Snack Menu \*All Snacks are Nut & Sesame Seed Free**

**FOR ALL ROOMS \*Please note, all rooms are included on this sheet \*Milk (Toddlers-whole; Ages 2 to 5- 1%)**

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
|  |  |  |  | **1**  **am-** Cottage Cheese w/ Blueberries  **pm-** Colby Jack Cheese Sticks w/ Applesauce |
| **4**  **am-** Rice Chex Cereal    **pm-** Tahini FreeHummus w/ WW Pita Bread | **5**  **am-** Cinnamon Oatmeal w/ Raspberries  **pm**- Whole Grain Macaroni & Cheese w/ Steamed Peas | **6**  **am-** Strawberry Yogurt w/ Blueberries  **pm**- Cantaloupe w/ Granola | **7**  **am-** Bananas w/ Raisin Bread  **pm**- Watermelon w/ Graham Crackers | **8**  **am-** WW Raisin Bagels w/ Cream Cheese  **pm**- Honeydew w/ String Cheese |
| **11**  **am-** Crispix Cereal  **pm-** WW Cheddar Cheese Sandwiches w/ Tomatoes & Mustard | **12**  **am-** Bananas w/ Granola  **pm**- Carrot Muffins w/ Pineapple | **13**  **am-** Blueberry Yogurt w/Graham Crackers  **pm**- Oranges w/ Whole Grain Cheddar Crackers | **14**  **am-** Cream of Wheat w/ Blueberries  **pm**- Mild Cheddar Cheese Cubes w/ Sliced Cucumber | **15**  **am-** Lean Turkey Sausage w/ Applesauce  **pm**- Steamed Carrots w/ Greek Yogurt Ranch Dip & Pita Bread |
| **18**  **am-** Special K Cereal  **pm-** Guacamole w/ WW Crackers  **25**  **am-** Corn Chex Cereal  **pm-** Oranges w/ Whole Grain Cheddar Crackers | **19**  **am-** Peach Yogurt w/ Granola  **pm-** Cantaloupe w/ String Cheese  **26**  **am-** Greek Vanilla Yogurt w/ Granola  **pm-** Apple Butter w/ WW Bread & Edamame | **20**  **am-** Cottage Cheese w/ Blueberries  **pm-** WWSunflower Butter Sandwiches    **27**  **am-** Bananas w/ Graham Crackers  **pm-** Zucchini Muffins w/ Applesauce | **21**  **am-** Bananas w/ Graham Crackers  **pm**- Grilled Chicken Nuggets w/ Mashed Sweet Potatoes  **28**  **am-** WWBagels w/Cream Cheese  **pm-** Pineapple w/ String Cheese | **22**  **am-** Whole Grain Waffles w/ Strawberries  **pm-** Honeydew w/ Raisin Bread |

**\***This **menu satisfies the USDA Child Care Food Program Guidelines\*☺ MENU SUBJECT TO CHANGE BASED ON FOOD AVAILABILITY ☺**