



**RUN GROUP SCHEDULE (3 Group Rotation)-4PM CLOSE**

AM	8	8:20	9	9:20	9:40	10:00	10:20	10:40	11:00	11:20	11:40
IRDC SCHOOL	TRACK WALK		Class 1	TRACK	Class 2		TRACK			TRACK	Lunch
HPDE				TRACK			TRACK			TRACK	
Group 1 CW	Meeting		TRACK			TRACK			TRACK		
Group 2 OW/CW	Meeting				TRACK			TRACK			TRACK
INSTRUCTOR	Meeting	Class		TRACK			TRACK			TRACK	

PM	12	1	1:20	1:40	2:00	2:40	3:00	3:20	3:40	4:00
IRDC SCHOOL	Flags	1:15 Observation		TRACK	Class 3: Start Prep		TRACK	Classroom		TRACK CLEAN UP
HPDE	Lunch			TRACK			TRACK			
Group 1 CW	Lunch	TRACK			TRACK			TRACK		
Group 2 OW/CW	Lunch		TRACK			TRACK			TRACK	
INSTRUCTOR	Lunch			TRACK			TRACK	TRACK		