



Jeannette Cathy Children's Center Weekly Menu



Menu Prepared By: Sandra Strother, Kitchen Manager

Approved by: Gemorial Johnson, Director

Week: 02.25.2019	Monday February 25	Tuesday February 26	Wednesday February 27	Thursday February 28	Friday March 01
A.M. Snack	Bagels with Cream Cheese Fresh Bananas Allergy: Cheese Toast w/Dairy-Free Cheese on Gluten-Free Bread Fresh Bananas Infants: Fresh Bananas	French Toast Mandarin Oranges Allergy: Gluten-Free French Toast Mandarin Oranges Infants: Mandarin Oranges	Turkey Bacon Biscuit Fresh Pears Allergy: Turkey Bacon on Gluten- Free Bread Fresh Pears Infants: Diced Pears in Juice	Creamy Oatmeal Frozen Strawberries Allergy: Gluten-Free Oatmeal Frozen Strawberries Infants: Frozen Strawberries	Rice Chex Fresh Bananas Allergy: Gluten-Free Rice Chex Fresh Bananas Infants: Fresh Bananas
Lunch	Chili Cheese Sloppy Joes Vegetarian Baked Beans Frozen Peaches Allergy: Chili Sloppy Joes on Gluten- Free Bread Vegetarian Baked Beans Frozen Peaches Infants: Frozen Peaches	Chicken with Stir-fry Vegetables Whole Grain Brown Rice Tropical Fruit Allergy: Chicken with Stir-Fry Vegetables Whole Grain Brown Rice Tropical Fruit Infants: Tropical Fruit	Lemon Pepper Chicken Tenders Garden Green Salad Breadsticks Fresh Apples Allergy: Lemon Pepper Chicken Tenders Garden Green Salad Gluten-Free Bread Fresh Apples Infants: Steamed Zucchini Applesauce	Chicken Pasta with Pesto Cream Sauce Sautéed Asparagus Fresh Honeydew Allergy: Dairy and Gluten-Free Alfredo Pasta w/Chicken Sautéed Asparagus Fresh Honeydew Infants: Fresh Honeydew	Taco Chicken w/Corn Salsa Roasted Tomatoes Frozen Mango Allergy: Taco Chicken w/Corn Salsa Roasted Tomatoes Frozen Mango Infants: Roasted Tomatoes
P.M. Snack	Graham Crackers Applesauce Allergy: Gluten-Free Rice Crackers Applesauce Infants: Graham Crackers Applesauce	Breadsticks Marinara Sauce Allergy: Gluten-Free Bread Sticks Marinara Sauce Infants: Breadsticks Marinara Sauce	Blueberry Muffins Plain Yogurt Allergy: Gluten-Free Cereal Bar Mixed Fruit Cup Infants: Blueberry Muffins Plain Yogurt	Roast Turkey Sliders w/Cranberry Dressing Allergy: Roast Turkey on Gluten-Free Bread w/Cranberry Dressing Infants: Roast Turkey Sliders w/Cranberry Dressing	Carrot Sticks Ranch Dip Allergy: Carrot Sticks Gluten-Free Crackers Infants: Parboiled Carrots

Note: Whole Milk for Infants & Toddlers. 1% Milk for Early Preschool, Preschool, Kindergarten Prep, & Camp when present.

Note: Fruits will be fresh, frozen or packed in fruit juice.

Note: Menu subject to change based on availability.