## Bristol-Myers Squibb CDC Summer Week Two

M=Milk/Dairy F=Fruit G=Grain P=Protein V=Vegetable



2018



	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Breakfast	Corn Flakes Cereal with Diced Pears and Milk	Whole Grain French Toast Sticks with Fresh Sliced Bananas and Milk	Corn Muffin Breakfast Squares (w/ chopped Veggie Sausage & Cheddar Baked In), Fresh Diced Pineapple and Milk		Scrambled Eggs with Fresh Diced Watermelon, Whole Grain Bread Slices and Milk
	G,F,M	G,F,M	P,G,F,M	G,F,M	G,F,M
Lunch	Hamburger Stroganoff served with Egg Noodles, Peas & Carrots and Milk	Baked Chicken & Cheese Chimichanga, Fresh Steamed Broccoli, Refried Beans and Milk	Turkey Burgers on Whole Wheat Rolls with Lettuce & Tomato, Barley and Corn Salad and Milk	Mandarin Orange Chicken with Asian Vegetables, Jasmine Rice and Milk	3 Cheese Wheat Pizza served with Fresh Garden Salad, Italian Dressing and Milk
	P,G,V,M	P,2V,G,M	P,G,M,V	P,G,V,M	P,2M,G,V
Vegetarian Option	Vegetable Crumble Stroganoff w/ Egg Noodles, Peas & Carrots and Milk	Baked Cheese & Veggie Chimichanga w/ Fresh Steamed Broccoli, Refried Beans and Milk	Veggie Burgers on Whole Wheat Rolls with Lettuce & Tomato, Barley and Corn Salad and Milk	Cheesy Stir Fry Tofu and Veggies with Jasmine Rice and Milk	
	G, 2V,M	P,2V,M,G	2V,G,M	V,P,G,M	
Snack	Diced Fresh Honey Dew Melon with Rice Cakes and Water	Mango Chunks with Vanilla Yogurt and Water	Fresh Cucumber Slices with Ranch Dressing, Whole Wheat Crackers and Water	Soft Pretzels served with Fresh Berry Blend and Water	Fresh Orange Wedges with Nilla Wafers and Water
	G,F	F,M	G, V, M	F,G	F,G