



Vegetarian Lunch – June, 2018

				6/1 Black bean and brown rice burrito w/ whole wheat tortilla Corn Grated cheese Fresh fruit
6/4 Pasta salad w/ avocado, pesto and egg Southwest salad Fresh fruit	6/5 French lentils w/ thyme Mashed sweet potatoes Wheat bread/butter Fresh fruit	6/6 Vegetarian dirty rice with cheese, vegetables, quinoa & farrow Apple cole slaw Fresh fruit	6/7 Black bean, corn, & cheese quesadilla With whole wheat tortilla Green Beans Fresh fruit	6/8 *Lasagna Tossed salad Fresh fruit
6/11 Teriyaki patty Grated cheese Vegetable salad Fresh fruit	6/12 Vegetarian chili Broccoli & cheese salad Whole wheat bread/butter Fresh fruit	6/13 *Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit	6/14 Gardenburger Bean medley Roll Fresh fruit	6/15 Quinoa, couscous, and parmesan California blend vegetables Whole wheat bread/butter Fresh fruit
6/18 Vegetarian sloppy joe Corn & edamame Roll Fresh fruit	6/19 *Cheese melt Tomato alphabet soup Fresh fruit	6/20 Picadillo Pineapple/Mango cole slaw Whole wheat bread/butter Fresh fruit	6/21 Lo Mein w/ scrambled egg Oriental vegetables Wheat bread/butter Fresh fruit	6/22 *Whole wheat macaroni & cheese Mixed vegetables Fresh fruit
6/25 Cheese tortellini w/ olive oil & basil Grated cheese Spinach salad Fresh fruit	6/26 *Pizza Garden salad Fresh fruit	6/27 Veggie nuggets Potato soup Wheat bread/butter Fresh fruit	6/28 *Spinach manicotti Carrots Whole wheat bread/butter Fresh fruit	6/29 *Beans & Rice Tossed salad Tortilla Fresh fruit

*Vegetarian meal