

What's on the Menu?

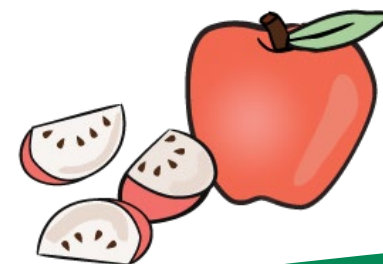
	MONDAY 10/3	TUESDAY 10/4	WEDNESDAY 10/5	THURSDAY 10/6	FRIDAY 10/7
BREAKFAST	Bagels w/ Cream Cheese Applesauce Milk/Water	English Muffins Apple Butter Pears Milk/Water	Turkey Sausage -Vegetarian Sausage Hash Browns Oranges Milk/Water	French Toast Turkey Bacon V-Vegetarian Sausage Cinnamon Apple Milk/Water	Rice Crispy Cereal Bananas Milk/Water
LUNCH	Turkey Spaghetti V-Vegetarian Spaghetti Broccoli Pineapple Milk/Water	Baked Chicken V-Vegetarian Patty Mac & Cheese Mixed Vegetables Peaches Milk/Water	Veggie Lasagna Bread Sticks Oranges Milk/Water	Fish Nuggets V-Vegetarian Nuggets Succotash Apricot Milk/Water	Cheese Pizza Succotash Apricot Milk/Water
AFTERNOON SNACK	Pita Chips Hummus Water	Sweet Potato Crackers Fruit Cups Water	Graham Crackers String Cheese Water	Yogurt Blueberries Water	Assorted Fruit Bars Water



Vegetarian Alternative



Substitute for Infants/Toddlers



- ▶ All meals are baked, not fried
- ▶ Vegetarian meal options available
- ▶ Fresh fruits and vegetables served daily
- ▶ Proteins include chicken, turkey, beef, tofu, cheese, and beans
- ▶ Whole milk served to children ages 12-24 months
1% milk served to children 24 months and older
- ▶ All meals served family style