

Bright Horizons on the Golden Mile News

From the Director

Join us for our Curriculum Night event, where families from all age groups will have the opportunity to experience a day in the life of their child and learn about the upcoming year with Bright Horizons®.

During the event you and your family will have the opportunity to:

- Meet your child's teachers
- Explore the Bright Horizons partnership
- Learn about The World at Their Fingertips® curriculum for your child's age group
- Discover how our emergent curriculum approach will use your child's own interests to inspire those next big steps

Share in your Bright Horizons experience and invite your friends and family to join you at Curriculum Night. The event will be held on September 18 from 5:30 p.m. - 7:00 p.m.

We hope to see you there!

Important Dates

September 3: Center Closed

September 15: Truck Day 10 a.m. to 1 p.m.

September 18: Parent Partnership Meeting & Curriculum Night



Truck Day 2018

Join us at Monroeville Mall on September 15 from 10 a.m. to 1 p.m. for our 3rd Annual Truck Day. We will have fire trucks, a monster truck*, food trucks, an Army Humvee, and more! All proceeds will benefit Bright Horizons' Foundation for Children. We are asking for a \$5 donation per child, and adults are free. We hope to see you there!



TRUCK DAY
For Bright Spaces®

*Monster Truck rides will be an additional fee.

Bright Horizons on the Golden Mile

774 Pine Valley Drive, Pittsburgh, PA, 15239

724-327-5020 | goldenmile@brighthouse.com

M-F & 6:30 a.m.-6:00 p.m.

CLASSROOM HIGHLIGHTS

Infant

The children in the Infant classroom used **Our World** as they explored the concept of cause and effect. The children learned to do this as they learned to repeat actions to make something happen. They learned this by engaging in repetitive activities during block exploration as they used their hands to hit over a block tower that was built for them.



Toddler

Toddlers used **ArtSmart** as they explored dramatic art and learned to engage in simple role plays. The children learned this by participating in this role play activity as they took on the characteristics of the animals they were using. The children expressed their ideas and imaginative thoughts as they growled like tigers, flew like birds, etc!



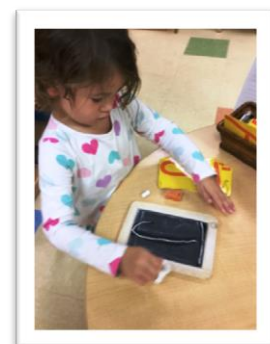
Preschool

Preschool is **Well Aware** as they strengthened their motor and fitness skills during an obstacle course activity. The children learned to strengthen and refine their large muscle skills. The children learned this by moving through the obstacle course that was set up and by completing gross motor tasks such as running, hopping, skipping, etc.



Kindergarten Prep

The children in the Kindergarten Prep classroom used **Language Works** as they explored their writing skills by participating in a chalkboard writing activity. They learned to enhance their fine motor control. The children learned this as they worked on proper grip by gripping the chalk using the correct three fingers and then attempting to write letters they saw on letter cards.



READY FOR SCHOOL NEWS

Cooking - A Family Affair

Gathering in kitchens nourishes our bodies, minds, and souls. Preparing meals together as a family enhances relationships, invites contribution, and helps children understand basic cooking principles. Also, children develop patience as they discover that delicious food doesn't just magically appear. Although cooking as a family affair is probably not as easy as adults whipping up a quick dinner, with a bit of forethought, more cooks stirring a pot can be fun and has tremendous benefits for everyone involved.

Cooking with children helps them learn about nutrition and hone basic reading, math, and science concepts. Reading recipes and learning kitchen vocabulary expands literacy skills, while counting, measuring, and fractions, foster mathematical thinking. Young chefs learn about chemistry and the physical properties of matter as they mix ingredients and watch them combine, separate, expand, change color, develop scents, and change form.

Research shows that children who help in the kitchen develop healthy eating habits because they tend to eat what they prepare. Below are a few suggestions for toddlers and preschoolers.

Toddlers

Choose simple cooking tasks that match your toddler's skills and attention span.

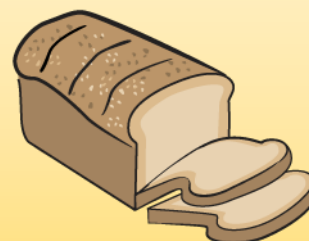
- Wash fruit and vegetables.
- Measure, pour, mix, and stir ingredients.
- Put ingredients in a crockpot or blender.
- Mash potatoes.



Preschoolers

Discuss nutrition and why our bodies and minds need the right kind of fuel to work correctly.

- Help plan meals.
- Chop, grate, peel, and cut ingredients.
- Shuck corn.
- Crack eggs.
- Count and categorize ingredients (wet and dry items).



BRIGHT HORIZONS NEWS

Learn about the year ahead at Curriculum Night



Ask about our upcoming Curriculum Night event!

<Event date – Start/End times>

During Curriculum Night, you will learn what we have planned for the year ahead for our center's curriculum as well as community center events. Spend time in your child's classroom, ask about the curriculum for their age group, and ask their teacher about future project plans. This event can also be a great time to connect with fellow Bright Horizons families!

Learn about our Bright Horizons educator promises. As Bright Horizons Educators, we promise to...

Nurture and care for the whole child

Craft curriculum based on expert research

Support and develop teachers

Implement an emergent and integrated approach to learning

Cultivate curiosity through projects, exploration, and play

Encourage children to be confident experimenters and problem solvers

Build an inclusive and respectful community

Create joyful places for childhood



Check out all the places you can connect with us!