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**\***Infant/Toddler Alternative

**\***Vegetarian Alternative

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Week of: Jan 6th  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| BREAKFAST | * Pancakes
* Mango
* Organic Milk
 | * Corn Chex
* Peaches
* Organic Milk
 | * English Muffin
* Soy Nut Butter
* Oranges
* Organic Milk
 | * Oatmeal
* Mixed Berries
* Organic Milk
* Crushed Pineapples
 | * Blueberry Muffin
* Cantaloupe
* Organic Milk
 |
| TODDLER MORNING SNACK | * Granola
* Yogurt
* Water
 | * Apple-Cinnamon
* Organic Milk
 | * Cinnamon Bagel
* Watermelon
* Water
 | * English Muffin
* Applesauce
* Water
 | * Scrambled Eggs
* Whole Wheat Toast
* Water
 |
| LUNCH  | * BBQ Chicken Sandwich
* Greens Beans
* Apples
* Organic Milk
* V: Veggie Patty
 | * Turkey Meatball Sandwich
* Mixed Vegetables
* Pears
* Organic Milk
* V: Soy Crumble
* Diced Pears
 | * Salisbury Steak
* Rice Pilaf
* Carrots
* Banana
* Organic Milk
* V: Rice with Cheese Sauce
 | * Cheese Ravioli
* Broccoli
* Apple Slices
* Organic Milk
* Diced Apples
 | * Chicken Nuggets
* Black Beans
* Mandarin Oranges
* Organic Milk
 |
| AFTERNOON SNACK  | * Hard Boiled Egg
* Peaches
* Water
 | * Pita Bread
* Soy Nut Butter
 | * Graham Crackers
* Cream Cheese
* Water
 | * Vanilla Wafers
* Bananas
* Water
 | * Nutri-grain Bar
* Organic Milk
 |

* Vegetarian meal options available
* Fresh fruits and vegetables served daily
* Proteins include chicken, turkey, beef, pork, cheese, and beans
* Whole milk served to Infants and Toddlers
* 1% milk served to Young Preschool, Preschool and Kindergarten Prep
* All meals are served family style

BRIGHT HORIZONS AT WHEATON