

# MENUS – MAY 2018

<b>2 Week of</b> 04/30/18 – 05/04/18	<b>AM Snack</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>Monday</b>	Oyster Crackers Cheese Slices Juice	Pancakes with Sausage Mixed Berries Apple Slices Milk	Chex Mix Milk
<b>Tuesday</b>	Zucchini Bread Milk	Pasta Salad (Ham, Pepperoni, Cheese, and Veggies) Whole Grain Crackers Pineapple mixed with Pears Milk	Tortilla Chips or Ritz Crackers with Nacho Cheese Water
<b>Wednesday</b>	Tortillas with Cream Cheese Milk	Turkey Ham on Wheat Carrot and Celery Sticks with Dip Orange Slices Milk	Yogurt and Fruit Water
<b>Thursday</b>	Oatmeal Raisins Milk	Bean and Cheese Burritos Corn Peaches Milk	Pumpkin Bread Milk
<b>Friday</b>	Cereal Milk	Cheese Pizza Rounds on an English Muffin Green Beans Mixed Fruit Milk	Pita Bread with Hummus Carrot Sticks Water

<b>3 Week of</b> 05/07/18 – 05/11/18	<b>AM Snack</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>Monday</b>	Cottage Cheese Peaches Milk	Cheese Enchiladas Black Beans Pineapple Milk	Wheat Bread Squares with Jelly Milk
<b>Tuesday</b>	Oatmeal Apple Slices Milk	Scrambled Eggs with Ham and Shredded Zucchini English Muffin with Butter Orange Slices Sliced Tomatoes Milk	Pita Bread with Hummus and Celery Sticks Water
<b>Wednesday</b>	Diced Cantaloupe with Strawberries Milk	Spaghetti with Meat Sauce Side Salad Mango Fruit Mix Milk	Gorp (Cereal, Raisins, Choc. Chips) Milk
<b>Thursday</b>	Cereal Sliced Banana Milk	Whole-Grain Bread with Sun Butter and Jelly Corn Peaches Milk	Pears Milk
<b>Friday</b>	Cinnamon Raisin Bagel With Cream Cheese Juice	Pasta E. Fagioli (ground sausage and beans) Wheat Saltines Pineapple and Pear Mix Milk	Graham Crackers Apple Slices Milk

# MENUS – MAY 2018

<b>4 Week of</b> 05/14/18 – 05/18/18	<b>AM Snack</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>Monday</b>	Wheat Toast with Butter Milk	Macaroni and Cheese Peas & Carrots Orange Slices Milk	Celery Sticks Raisins Sun Butter Water
<b>Tuesday</b>	Bran Muffins Cheese Slice Milk	Black Beans and Rice Tortillas Corn Applesauce Milk	Whole-Grain Breadstick Carrot Sticks and Cucumbers with Yogurt Dip Water
<b>Wednesday</b>	Cereal Sliced Bananas Milk	Sloppy Joes Baked Beans Peaches Milk	Vanilla Wafers or Animal Crackers Milk
<b>Thursday</b>	Bagel with Cream Cheese Juice	Chicken Noodle Casserole Green Beans Applesauce Milk	Chex Mix Cereals Raisins Milk
<b>Friday</b>	Banana Zucchini Bread Milk	Mashed Potatoes with Hamburger Gravy Broccoli, Cauliflower Pears Milk	Graham Crackers Yogurt Water

<b>5 Week of</b> 05/21/18 – 05/25/18	<b>AM Snack</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>Monday</b>	Cornbread with Honey Butter Milk	Hamburger Stroganoff Broccoli Peaches Milk	Animal Crackers or Vanilla Wafers Milk
<b>Tuesday</b>	Mixed Berries Cheese Slice Milk	Egg Salad on Wheat Celery and Carrot Sticks Yogurt Dip Apple Slices Milk	Wheat Thins and Cheese Nips Milk
<b>Wednesday</b>	Muffin Squares Milk	Taco Salad (Ground Beef and Mixed lettuce mix with shredded carrots and cabbage) Corn Pears Milk	½ Banana with Whole Grain Cinnamon Crackers Water
<b>Thursday</b>	Oatmeal Raisins Milk	English Muffin Cheese Pizza Peas and Carrots Applesauce Milk	Tortillas with Sun Butter Juice
<b>Friday</b>	Yogurt Granola Milk	Chicken Noodle Soup (with added veggies and chicken) Wheat Saltines Cheese Mango Fruit Mix Milk	Applesauce Cake Milk

# MENUS – MAY 2018

<sup>6</sup> Week of 05/28/18 – 06/01/18	AM Snack	Lunch	PM Snack
<b>Monday</b>	<b>CLOSED FOR MEMORIAL DAY</b>		
<b>Tuesday</b>	Zucchini Bread Milk	Taco Salad (Ground Beef and Mixed lettuce mix with shredded carrots and cabbage) Beets Peaches Milk	English Muffin with Melted Cheese Juice
<b>Wednesday</b>	Cinnamon Biscuits Milk	Sweet and Sour Meatballs with Rice Pineapple Peas Milk	Wheat Thins and Cheese Nips Milk
<b>Thursday</b>	Banana Slices Berries Milk	Bean and Cheese Burritos Mixed Veggies Orange Slices Milk	Graham Crackers Yogurt Water
<b>Friday</b>	Wheat Toast with Butter Milk	Mozzarella Bake (Pasta, Marinara, Cheese, Pepperoni) Broccoli and Cauliflower Tropical Fruit Salad Mix Milk	Cottage Cheese Peaches Water

# MENUS – JUNE 2018

<b>7 Week of</b> 06/04/18 – 06/08/18	<b>AM Snack</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>Monday</b>	Cereal Milk	Chili Wheat Saltines Cheese Squares Peaches Milk	Applesauce Cake Milk
<b>Tuesday</b>	Bran Muffins with Butter Milk	Rice Casserole (ground pork and cabbage) Peas and Carrots Pineapple Milk	Wheat Bread Squares with Jelly Milk
<b>Wednesday</b>	Cinnamon Toast Milk	Biscuits and Sausage Gravy Corn Green Beans Milk	Whole-Grain Crackers Cheese Squares Water
<b>Thursday</b>	Oatmeal Squares Milk	Sun Butter and Jelly on Wheat Bread Raw Broccoli and Cauliflower Mixed Fruit Milk	Orange Slices Wheat Thins Milk
<b>Friday</b>	Boiled Eggs Saltines Juice	Chicken and Cheese Quesadilla Cooked Carrots Apple Slices Milk	Soft Pretzels Marinara Sauce Water

<b>8 Week of</b> 06/11/18 – 06/15/18	<b>AM Snack</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>Monday</b>	Biscuits and Jelly Milk	Shepherd's Pie Beets Peaches Milk	English Muffins with Melted Cheese Water
<b>Tuesday</b>	Tortillas with Cream Cheese Berries Milk	Turkey Ham on Wheat Mixed Veggies Pears Milk	Applesauce with Whole-Grain Cinnamon Crackers Water
<b>Wednesday</b>	½ Banana Orange Slices Milk	Sloppy Joes Baked Beans Mixed Fruit Milk	Tortillas with Sun Butter or Cream Cheese Water
<b>Thursday</b>	Pumpkin Bread Milk	Grilled Cheese on Wheat Tomato Soup with Pasta Peas and Carrots Milk	Oatmeal Squares Milk
<b>Friday</b>	Cereal Milk	Spaghetti with Meat Sauce Green Beans Corn Milk	Cracker Stackers (Crackers, cheese, and Sliced Meat) Water

# MENUS – JUNE 2018

<b>1 Week of</b> 06/18/18 – 06/25/18	<b>AM Snack</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>Monday</b>	Wheat French Toast Sticks Milk	Chicken Noodle Soup (with added veggies and chicken) Wheat Saltines and Cheese Pineapple Milk	Graham Crackers Applesauce Water
<b>Tuesday</b>	Cereal Milk	Tuna on Pita Bread Celery and Cucumbers Apple Slices Milk	Bananas Milk
<b>Wednesday</b>	Yogurt and Granola Milk	Chili Wheat Saltines Peaches Carrot Sticks Milk	Soft Pretzels Marinara Sauce Water
<b>Thursday</b>	Cinnamon Biscuits Milk	Macaroni and Cheese Peas Beets Milk	Applesauce Cake Milk
<b>Friday</b>	Oatmeal Squares Milk	Mashed Potatoes with Hamburger Gravy Broccoli Pears Milk	Cheese Nips and Wheat Thins Juice

<b>2 Week of</b> 06/25/18 – 06/29/18	<b>AM Snack</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>Monday</b>	Oyster Crackers Cheese Slices Juice	Pancakes with Sausage Mixed Berries Apple Slices Milk	Chex Mix Milk
<b>Tuesday</b>	Zucchini Bread Milk	Pasta Salad (Ham, Pepperoni, Cheese, and Veggies) Whole Grain Crackers Pineapple mixed with Pears Milk	Tortilla Chips or Ritz Crackers with Nacho Cheese Water
<b>Wednesday</b>	Tortillas with Cream Cheese Milk	Turkey Ham on Wheat Carrot and Celery Sticks with Dip Orange Slices Milk	Yogurt and Fruit Water
<b>Thursday</b>	Oatmeal Raisins Milk	Bean and Cheese Burritos Corn Peaches Milk	Pumpkin Bread Milk
<b>Friday</b>	Cereal Milk	Cheese Pizza Rounds on an English Muffin Green Beans Mixed Fruit Milk	Pita Bread with Hummus Carrot Sticks Water

# MENUS – JULY 2018

<b>3 Week of</b> 07/02/18 – 07/06/18	<b>AM Snack</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>Monday</b>	Cottage Cheese Peaches Milk	Cheese Enchiladas Black Beans Pineapple Milk	Wheat Bread Squares with Jelly Milk
<b>Tuesday</b>	Oatmeal Apple Slices Milk	Scrambled Eggs with Ham and Shredded Zucchini English Muffin with Butter Orange Slices Sliced Tomatoes Milk	Pita Bread with Hummus and Celery Sticks Water
<b>Wednesday</b>	<b>CLOSED FOR INDEPENDENCE DAY</b>		
<b>Thursday</b>	Cereal Sliced Banana Milk	Whole-Grain Bread with Sun Butter and Jelly Corn Peaches Milk	Pears Milk
<b>Friday</b>	Cinnamon Raisin Bagel With Cream Cheese Juice	Pasta E. Fagioli (ground sausage and beans) Wheat Saltines Pineapple and Pear Mix Milk	Graham Crackers Apple Slices Milk

<b>4 Week of</b> 07/09/18 – 07/13/18	<b>AM Snack</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>Monday</b>	Wheat Toast with Butter Milk	Macaroni and Cheese Peas & Carrots Peaches Milk	Vanilla Wafers or Animal Crackers Milk
<b>Tuesday</b>	Bran Muffins Cheese Slice Milk	Black Beans and Rice Tortillas Corn Applesauce Milk	Whole-Grain Breadstick Carrot Sticks and Cucumbers with Dip Water
<b>Wednesday</b>	Cereal Sliced Bananas Milk	Turkey on Wheat Cucumbers and Carrots Orange Slices Milk	Celery Sticks Raisins Sun Butter Water
<b>Thursday</b>	Bagel with Cream Cheese Juice	Chicken Noodle Casserole Green Beans Applesauce Milk	Chex Mix Cereals Raisins Milk
<b>Friday</b>	Banana Zucchini Bread Milk	Mashed Potatoes with Hamburger Gravy Broccoli & Cauliflower Pears Milk	Graham Crackers Yogurt Water

# MENUS – JULY 2018

<b>5 Week of</b> 07/16/18 – 07/20/18	<b>AM Snack</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>Monday</b>	Cornbread with Honey Butter Milk	Hamburger Stroganoff Broccoli Peaches Milk	Animal Crackers or Vanilla Wafers Milk
<b>Tuesday</b>	Mixed Berries Cheese Slice Milk	Egg Salad on Wheat Celery and Carrot Sticks Yogurt Dip Apple Slices Milk	Wheat Thins and Cheese Nips Milk
<b>Wednesday</b>	Muffin Squares Milk	Taco Salad (Ground Beef and Mixed lettuce mix with shredded carrots and cabbage) Corn Pears Milk	½ Banana with Whole Grain Cinnamon Crackers Water
<b>Thursday</b>	Oatmeal Raisins Milk	English Muffin Cheese Pizza Peas and Carrots Applesauce Milk	Tortillas with Sun Butter Juice
<b>Friday</b>	Yogurt Granola Milk	Chicken Noodle Soup (with added veggies and chicken) Wheat Saltines Cheese Mango Fruit Mix Milk	Applesauce Cake Milk

<b>6 Week of</b> 07/23/18 – 07/27/18	<b>AM Snack</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>Monday</b>	Applesauce Milk	Grilled Cheese on Wheat Tomato Soup with Pasta Corn Pears Milk	Oatmeal Squares Milk
<b>Tuesday</b>	Zucchini Bread Milk	Taco Salad (Ground Beef and Mixed lettuce mix with shredded carrots and cabbage) Beets and Peaches Milk	English Muffin with Melted Cheese Juice
<b>Wednesday</b>	Cinnamon Biscuits Milk	Sweet and Sour Meatballs with Rice Pineapple Peas Milk	Wheat Thins and Cheese Nips Milk
<b>Thursday</b>	Banana Slices Berries Milk	Bean and Cheese Burritos Mixed Veggies Orange Slices Milk	Graham Crackers Yogurt Water
<b>Friday</b>	Wheat Toast with Butter Milk	Mozzarella Bake (Pasta, Marinara, Cheese, Pepperoni) Broccoli and Cauliflower Tropical Fruit Salad Mix Milk	Cottage Cheese Peaches Water

# MENUS – JULY 2018

<b>7 Week of</b> 07/30/18 – 08/03/18	<b>AM Snack</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>Monday</b>	Cereal Milk	Chili Wheat Saltines Cheese Squares Peaches Milk	Applesauce Cake Milk
<b>Tuesday</b>	Bran Muffins with Butter Milk	Rice Casserole (ground pork and cabbage) Peas and Carrots Pineapple Milk	Wheat Bread Squares with Jelly Milk
<b>Wednesday</b>	Cinnamon Toast Milk	Biscuits and Sausage Gravy Corn Green Beans Milk	Whole-Grain Crackers Cheese Squares Water
<b>Thursday</b>	Oatmeal Squares Milk	Sun Butter and Jelly on Wheat Bread Raw Broccoli and Cauliflower Mixed Fruit Milk	Orange Slices Wheat Thins Milk
<b>Friday</b>	Boiled Eggs Saltines Juice	Chicken and Cheese Quesadilla Cooked Carrots Apple Slices Milk	Soft Pretzels Marinara Sauce Water



# MENUS – AUGUST 2018

<b>8 Week of</b> 08/06/18 – 08/10/18	<b>AM Snack</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>Monday</b>	Biscuits and Jelly Milk	Shepherd's Pie Beets Peaches Milk	English Muffins with Melted Cheese Water
<b>Tuesday</b>	Tortillas with Cream Cheese Berries Milk	Turkey Ham on Wheat Mixed Veggies Pears Milk	Applesauce with Whole-Grain Cinnamon Crackers Water
<b>Wednesday</b>	½ Banana Orange Slices Milk	Sloppy Joes Baked Beans Mixed Fruit Milk	Tortillas with Sun Butter or Cream Cheese Water
<b>Thursday</b>	Pumpkin Bread Milk	Grilled Cheese on Wheat Tomato Soup with Pasta Peas and Carrots Milk	Oatmeal Squares Milk
<b>Friday</b>	Cereal Milk	Spaghetti with Meat Sauce Green Beans Corn Milk	Cracker Stackers (Crackers, cheese, and Sliced Meat) Water

<b>1 Week of</b> 08/13/18 – 08/17/18	<b>AM Snack</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>Monday</b>	Wheat French Toast Sticks Milk	Chicken Noodle Soup (with added veggies and chicken) Wheat Saltines and Cheese Pineapple Milk	Graham Crackers Applesauce Water
<b>Tuesday</b>	Cereal Milk	Tuna on Pita Bread Celery and Cucumbers Apple Slices Milk	Bananas Milk
<b>Wednesday</b>	Yogurt and Granola Milk	Chili Wheat Saltines Peaches Carrot Sticks Milk	Soft Pretzels Marinara Sauce Water
<b>Thursday</b>	Cinnamon Biscuits Milk	Macaroni and Cheese Peas Beets Milk	Applesauce Cake Milk
<b>Friday</b>	Oatmeal Squares Milk	Mashed Potatoes with Hamburger Gravy Broccoli Pears Milk	Cheese Nips and Wheat Thins Juice

# MENUS – AUGUST 2018

<b>2 Week of</b> 08/20/18 – 08/24/18	<b>AM Snack</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>Monday</b>	Oyster Crackers Cheese Slices Juice	Pancakes with Sausage Mixed Berries Apple Slices Milk	Chex Mix Milk
<b>Tuesday</b>	Zucchini Bread Milk	Pasta Salad (Ham, Pepperoni, Cheese, and Veggies) Whole Grain Crackers Pineapple mixed with Pears Milk	Tortilla Chips or Ritz Crackers with Nacho Cheese Water
<b>Wednesday</b>	Tortillas with Cream Cheese Milk	Turkey Ham on Wheat Carrot and Celery Sticks with Dip Orange Slices Milk	Yogurt and Fruit Water
<b>Thursday</b>	Oatmeal Raisins Milk	Bean and Cheese Burritos Corn Peaches Milk	Pumpkin Bread Milk
<b>Friday</b>	Cereal Milk	Cheese Pizza Rounds on an English Muffin Green Beans Mixed Fruit Milk	Pita Bread with Hummus Carrot Sticks Water

<b>3 Week of</b> 08/27/18 – 08/31/18	<b>AM Snack</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>Monday</b>	Cottage Cheese Peaches Milk	Cheese Enchiladas Black Beans Pineapple Milk	Wheat Bread Squares with Jelly Milk
<b>Tuesday</b>	Oatmeal Apple Slices Milk	Scrambled Eggs with Ham and Shredded Zucchini English Muffin with Butter Orange Slices Sliced Tomatoes Milk	Pita Bread with Hummus and Celery Sticks Water
<b>Wednesday</b>	Diced Cantaloupe with Strawberries Milk	Spaghetti with Meat Sauce Side Salad Mango Fruit Mix Milk	Gorp (Cereal, Raisins, Choc. Chips) Milk
<b>Thursday</b>	Cereal Sliced Banana Milk	Whole-Grain Bread with Sun Butter and Jelly Corn and Peaches Milk	Pears Milk
<b>Friday</b>	Cinnamon Raisin Bagel With Cream Cheese Juice	Pasta E. Fagioli (ground sausage and beans) Wheat Saltines Pineapple and Pear Mix Milk	Graham Crackers Apple Slices Milk

# MENUS – SEPTEMBER 2018

<b>4 Week of</b> 09/03/18 – 09/07/18	<b>AM Snack</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>Monday</b>	<b>CLOSED FOR LABOR DAY</b>		
<b>Tuesday</b>	Bran Muffins Cheese Slice Milk	Black Beans and Rice Tortillas Corn Applesauce Milk	Whole-Grain Breadstick Carrot Sticks and Cucumbers with Dip Water
<b>Wednesday</b>	Cereal Sliced Bananas Milk	Sloppy Joes Baked Beans Peaches Milk	Vanilla Wafers or Animal Crackers Milk
<b>Thursday</b>	Bagel with Cream Cheese Juice	Chicken Noodle Casserole Green Beans Applesauce Milk	Chex Mix Cereals Raisins Milk
<b>Friday</b>	Banana Zucchini Bread Milk	Mashed Potatoes with Hamburger Gravy Broccoli & Cauliflower Pears Milk	Graham Crackers Yogurt Water

<b>5 Week of</b> 09/10/18 – 09/14/18	<b>AM Snack</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>Monday</b>	Cornbread with Honey Butter Milk	Hamburger Stroganoff Broccoli Peaches Milk	Animal Crackers or Vanilla Wafers Milk
<b>Tuesday</b>	Mixed Berries Cheese Slice Milk	Egg Salad on Wheat Celery and Carrot Sticks Yogurt Dip Apple Slices Milk	Wheat Thins and Cheese Nips Milk
<b>Wednesday</b>	Muffin Squares Milk	Taco Salad (Ground Beef and Mixed lettuce mix with shredded carrots and cabbage) Corn Pears Milk	½ Banana with Whole Grain Cinnamon Crackers Water
<b>Thursday</b>	Oatmeal Raisins Milk	English Muffin Cheese Pizza Peas and Carrots Applesauce Milk	Tortillas with Sun Butter Juice
<b>Friday</b>	Yogurt Granola Milk	Chicken Noodle Soup (with added veggies and chicken) Wheat Saltines Cheese Mango Fruit Mix Milk	Applesauce Cake Milk

# MENUS – SEPTEMBER 2018

<b>6 Week of</b> 09/17/18 – 09/21/18	<b>AM Snack</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>Monday</b>	Applesauce Milk	Grilled Cheese on Wheat Tomato Soup with Pasta Corn Pears Milk	Oatmeal Squares Milk
<b>Tuesday</b>	Zucchini Bread Milk	Taco Salad (Ground Beef and Mixed lettuce mix with shredded carrots and cabbage) Beets Peaches Milk	English Muffin with Melted Cheese Juice
<b>Wednesday</b>	Cinnamon Biscuits Milk	Sweet and Sour Meatballs with Rice Pineapple Peas Milk	Wheat Thins and Cheese Nips Milk
<b>Thursday</b>	Banana Slices Berries Milk	Bean and Cheese Burritos Mixed Veggies Orange Slices Milk	Graham Crackers Yogurt Water
<b>Friday</b>	Cottage Cheese Peaches Milk	Turkey Ham on Wheat Carrot and Celery Sticks Orange Slices Milk	Animal Crackers/ Vanilla Wafers Milk

<b>7 Week of</b> 09/24/18 – 09/28/18	<b>AM Snack</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>Monday</b>	Cereal Milk	Chili Wheat Saltines Cheese Squares Peaches Milk	Applesauce Cake Milk
<b>Tuesday</b>	Bran Muffins with Butter Milk	Rice Casserole (ground pork and cabbage) Peas and Carrots Pineapple Milk	Wheat Bread Squares with Jelly Milk
<b>Wednesday</b>	Cinnamon Toast Milk	Biscuits and Sausage Gravy Corn and Green Beans Milk	Whole-Grain Crackers Cheese Squares Water
<b>Thursday</b>	Oatmeal Squares Milk	Sun Butter and Jelly on Wheat Bread Raw Broccoli and Cauliflower Mixed Fruit Milk	Orange Slices Wheat Thins Milk
<b>Friday</b>	Boiled Eggs Saltines Juice	Chicken and Cheese Quesadilla Cooked Carrots Apple Slices Milk	Soft Pretzels Marinara Sauce Water

# MENUS – OCTOBER 2018

<sup>8</sup> Week of 10/01/18 – 10/05/18	AM Snack	Lunch	PM Snack
<b>Monday</b>	Biscuits and Jelly Milk	Shepherd's Pie Beets Peaches Milk	English Muffins with Melted Cheese Water
<b>Tuesday</b>	Tortillas with Cream Cheese Berries Milk	Turkey Ham on Wheat Mixed Veggies Pears Milk	Applesauce with Whole-Grain Cinnamon Crackers Water
<b>Wednesday</b>	½ Banana Orange Slices Milk	Sloppy Joes Baked Beans Mixed Fruit Milk	Tortillas with Sun Butter or Cream Cheese Water
<b>Thursday</b>	Pumpkin Bread Milk	Grilled Cheese on Wheat Tomato Soup with Pasta Peas and Carrots Milk	Oatmeal Squares Milk
<b>Friday</b>	Cereal Milk	Spaghetti with Meat Sauce Green Beans Corn Milk	Cracker Stackers (Crackers, cheese, and Sliced Meat) Water

<sup>1</sup> Week of 10/08/18 – 10/12/18	AM Snack	Lunch	PM Snack
<b>Monday</b>	<b>CLOSED FOR COLUMBUS DAY</b>		
<b>Tuesday</b>	Cereal Milk	Tuna on Pita Bread Celery and Cucumbers Apple Slices Milk	Bananas Milk
<b>Wednesday</b>	Yogurt and Granola Milk	Chili Wheat Saltines Peaches Carrot Sticks Milk	Soft Pretzels Marinara Sauce Water
<b>Thursday</b>	Cinnamon Biscuits Milk	Macaroni and Cheese Peas Beets Milk	Applesauce Cake Milk
<b>Friday</b>	Oatmeal Squares Milk	Mashed Potatoes with Hamburger Gravy Broccoli Pears Milk	Cheese Nips and Wheat Thins Juice

# MENUS – OCTOBER 2018

<b>2 Week of</b> 10/15/18 – 10/19/18	<b>AM Snack</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>Monday</b>	Oyster Crackers Cheese Slices Juice	Pancakes with Sausage Mixed Berries Apple Slices Milk	Chex Mix Milk
<b>Tuesday</b>	Zucchini Bread Milk	Pasta Salad (Ham, Pepperoni, Cheese, and Veggies) Whole Grain Crackers Pineapple mixed with Pears Milk	Tortilla Chips or Ritz Crackers with Nacho Cheese Water
<b>Wednesday</b>	Tortillas with Cream Cheese Milk	Turkey Ham on Wheat Carrot and Celery Sticks with Dip Orange Slices Milk	Yogurt and Fruit Water
<b>Thursday</b>	Oatmeal Raisins Milk	Bean and Cheese Burritos Corn Peaches Milk	Pumpkin Bread Milk
<b>Friday</b>	Cereal Milk	Cheese Pizza Rounds on an English Muffin Green Beans Mixed Fruit Milk	Pita Bread with Hummus Carrot Sticks Water

<b>3 Week of</b> 10/22/18 – 10/26/18	<b>AM Snack</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>Monday</b>	Cottage Cheese Peaches Milk	Cheese Enchiladas Black Beans & Pineapple Milk	Wheat Bread Squares with Jelly Milk
<b>Tuesday</b>	Oatmeal Apple Slices Milk	Chicken and Rice Peas and Carrots Orange Slices Milk	Pita Bread with Hummus and Celery Sticks Water
<b>Wednesday</b>	Diced Cantaloupe with Strawberries Milk	Spaghetti with Meat Sauce Side Salad Mango Fruit Mix Milk	Gorp (Cereal, Raisins, Choc. Chips) Milk
<b>Thursday</b>	Cereal Sliced Banana Milk	Whole-Grain Bread with Sun Butter and Jelly Corn and Peaches Milk	Pears Milk
<b>Friday</b>	Cinnamon Raisin Bagel With Cream Cheese Juice	Pasta E. Fagioli (ground sausage and beans) Wheat Saltines Pineapple and Pear Mix Milk	Graham Crackers Apple Slices Milk

# MENUS – OCTOBER 2018

<sup>4</sup> <b>Week of</b> 10/29/18 – 11/02/18	<b>AM Snack</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>Monday</b>	Wheat Toast with Butter Milk	Macaroni and Cheese Peas & Carrots Orange Slices Milk	Celery Sticks Raisins Sun Butter Water
<b>Tuesday</b>	Bran Muffins Cheese Slice Milk	Black Beans and Rice Tortillas Corn Applesauce Milk	Whole-Grain Breadstick Carrot Sticks and Cucumbers with Dip Water
<b>Wednesday</b>	Cereal Sliced Bananas Milk	Sloppy Joes Baked Beans Peaches Milk	Vanilla Wafers or Animal Crackers Milk
<b>Thursday</b>	Bagel with Cream Cheese Juice	Chicken Noodle Casserole Green Beans Applesauce Milk	Chex Mix Cereals Raisins Milk
<b>Friday</b>	Banana Zucchini Bread Milk	Mashed Potatoes with Hamburger Gravy Broccoli & Cauliflower Pears Milk	Graham Crackers Yogurt Water

# MENUS – NOVEMBER 2018

<b>5 Week of</b> 11/05/18 – 11/09/18	<b>AM Snack</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>Monday</b>	Cornbread with Honey Butter Milk	Hamburger Stroganoff Broccoli Peaches Milk	Animal Crackers or Vanilla Wafers Milk
<b>Tuesday</b>	Mixed Berries Cheese Slice Milk	Egg Salad on Wheat Celery and Carrot Sticks Yogurt Dip Apple Slices Milk	Wheat Thins and Cheese Nips Milk
<b>Wednesday</b>	Muffin Squares Milk	Taco Salad (Ground Beef and Mixed lettuce mix with shredded carrots and cabbage) Corn Pears Milk	½ Banana with Whole Grain Cinnamon Crackers Water
<b>Thursday</b>	Oatmeal Raisins Milk	English Muffin Cheese Pizza Peas and Carrots Applesauce Milk	Tortillas with Sun Butter Water
<b>Friday</b>	Yogurt Granola Milk	Chicken Noodle Soup (with added veggies and chicken) Wheat Saltines Cheese Mango Fruit Mix Milk	Applesauce Cake Milk

<b>6 Week of</b> 11/12/18 – 11/16/18	<b>AM Snack</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>Monday</b>	<b>CLOSED FOR VETERAN'S DAY</b>		
<b>Tuesday</b>	Zucchini Bread Milk	Taco Salad (Ground Beef and Mixed lettuce mix with shredded carrots and cabbage) Beets Peaches Milk	English Muffin with Melted Cheese Water
<b>Wednesday</b>	Cinnamon Biscuits Milk	Sweet and Sour Meatballs with Rice Pineapple Peas Milk	Wheat Thins and Cheese Nips Milk
<b>Thursday</b>	Banana Slices Berries Milk	Bean and Cheese Burritos Mixed Veggies Orange Slices Milk	Graham Crackers Yogurt Water
<b>Friday</b>	Wheat Toast with Butter Milk	Mozzarella Bake (Pasta, Marinara, Cheese, Pepperoni) Broccoli and Cauliflower Tropical Fruit Salad Mix Milk	Cottage Cheese Peaches Water



# MENUS – NOVEMBER 2018

<b>7 Week of</b> 11/19/18 – 11/23/18	<b>AM Snack</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>Monday</b>	Cereal Milk	Chili Wheat Saltines Cheese Squares Peaches Milk	Applesauce Cake Milk
<b>Tuesday</b>	Bran Muffins with Butter Milk	Rice Casserole (ground pork and cabbage) Peas and Carrots Pineapple Milk	Wheat Bread Squares with Jelly Milk
<b>Wednesday</b>	Cinnamon Toast Milk	Biscuits and Sausage Gravy Corn Green Beans Milk	Whole-Grain Crackers Cheese Squares Water
<b>Thursday</b>	<b>CLOSED FOR THANKSGIVING</b>		
<b>Friday</b>	<b>CLOSED FOR THANKSGIVING</b>		

<b>8 Week of</b> 11/26/18 – 11/30/18	<b>AM Snack</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>Monday</b>	Biscuits and Jelly Milk	Shepherd's Pie Beets Peaches Milk	English Muffins with Melted Cheese Water
<b>Tuesday</b>	Tortillas with Cream Cheese Berries Milk	Turkey Ham on Wheat Mixed Veggies Pears Milk	Applesauce with Whole-Grain Cinnamon Crackers Water
<b>Wednesday</b>	½ Banana Orange Slices Milk	Sloppy Joes Baked Beans Mixed Fruit Milk	Tortillas with Sun Butter or Cream Cheese Water
<b>Thursday</b>	Pumpkin Bread Milk	Grilled Cheese on Wheat Tomato Soup with Pasta Peas and Carrots Milk	Oatmeal Squares Milk
<b>Friday</b>	Cereal Milk	Spaghetti with Meat Sauce Green Beans Corn Milk	Cracker Stackers (Crackers, cheese, and Sliced Meat) Water

# MENUS – DECEMBER 2018

<b>1 Week of</b> 12/03/18 – 12/07/18	<b>AM Snack</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>Monday</b>	Wheat French Toast Sticks Milk	Chicken Noodle Soup (with added veggies and chicken) Wheat Saltines and Cheese Pineapple Milk	Graham Crackers Applesauce Water
<b>Tuesday</b>	Cereal Milk	Tuna on Pita Bread Celery and Cucumbers Apple Slices Milk	Bananas Milk
<b>Wednesday</b>	Yogurt and Granola Milk	Chili Wheat Saltines Peaches Carrot Sticks Milk	Soft Pretzels Marinara Sauce Water
<b>Thursday</b>	Cinnamon Biscuits Milk	Macaroni and Cheese Peas Beets Milk	Applesauce Cake Milk
<b>Friday</b>	Oatmeal Milk	Mashed Potatoes with Hamburger Gravy Broccoli Pears Milk	Cheese Nips and Wheat Thins Milk

<b>2 Week of</b> 12/10/18 – 12/14/18	<b>AM Snack</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>Monday</b>	Oyster Crackers Cheese Slices Milk	Pancakes with Sausage Mixed Berries Apple Slices Milk	Chex Mix Milk
<b>Tuesday</b>	Zucchini Bread Milk	Pasta Salad (Ham, Pepperoni, Cheese, and Veggies) Whole Grain Crackers Pineapple mixed with Pears Milk	Tortilla Chips or Ritz Crackers with Nacho Cheese Water
<b>Wednesday</b>	Tortillas with Cream Cheese Milk	Turkey Ham on Wheat Carrot and Celery Sticks with Dip Orange Slices Milk	Yogurt and Fruit Water
<b>Thursday</b>	Oatmeal Raisins Milk	Bean and Cheese Burritos Corn Peaches Milk	Pumpkin Bread Milk
<b>Friday</b>	Cereal Milk	Cheese Pizza Rounds on an English Muffin Green Beans Mixed Fruit Milk	Pita Bread with Hummus Carrot Sticks Water

# MENUS – DECEMBER 2018

<b>3 Week of</b> 12/17/18 – 12/21/18	<b>AM Snack</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>Monday</b>	Cottage Cheese Peaches Milk	Cheese Enchiladas Black Beans Pineapple Milk	Wheat Bread Squares with Jelly Milk
<b>Tuesday</b>	Oatmeal Apple Slices Milk	Scrambled Eggs with Ham and Shredded Zucchini English Muffin with Butter Orange Slices Sliced Tomatoes Milk	Pita Bread with Hummus and Celery Sticks Water
<b>Wednesday</b>	Diced Cantaloupe with Strawberries Milk	Spaghetti with Meat Sauce Side Salad Mango Fruit Mix Milk	Gorp (Cereal, Raisins, Choc. Chips) Milk
<b>Thursday</b>	Cereal Sliced Banana Milk	Whole-Grain Bread with Sun Butter and Jelly Corn Peaches Milk	Pears Milk
<b>Friday</b>	Cinnamon Raisin Bagel With Cream Cheese Milk	Pasta E. Fagioli (ground sausage and beans) Wheat Saltines Pineapple and Pear Mix Milk	Graham Crackers Apple Slices Milk

<b>4 Week of</b> 12/24/18 – 12/28/18	<b>AM Snack</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>Monday</b>	Wheat Toast with Butter Milk	Macaroni and Cheese Peas & Carrots Orange Slices Milk	Celery Sticks Raisins Sun Butter Water
<b>Tuesday</b>	<b>CLOSED FOR FEDERAL OBSERVANCE OF CHRISTMAS</b>		
<b>Wednesday</b>	Cereal Sliced Bananas Milk	Sloppy Joes Baked Beans Peaches Milk	Vanilla Wafers or Animal Crackers Milk
<b>Thursday</b>	Bagel with Cream Cheese Milk	Chicken Noodle Casserole Green Beans Applesauce Milk	Chex Mix Cereals Raisins Milk
<b>Friday</b>	Banana Zucchini Bread Milk	Mashed Potatoes with Hamburger Gravy Broccoli & Cauliflower Pears Milk	Graham Crackers Yogurt Water