

Parenting Workshop at Trinita



Our children are growing up in a complicated world. As parents, we want to help them navigate through the ups and downs of their youth successfully. In this workshop Cindy Garrey, MA; Counselor and Retired Teacher will explore how to help your child gain strategies for less stress and greater success while increasing positive communication.

Date: Wednesday November 13, 2019

Time: 6:30pm-7:45pm

Place: Trinita Retreat Center
595 Town Hill Road
New Hartford, CT 06057

Cost: \$20.00

Please call Trinita at 860-379-4329 or email trinita@charter.net to register by November 11, 2019