



Bright Horizons at East Brunswick

Breakfast/Snack February 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5 Cereal Fruit Apple Cinnamon Rice Cakes	6 Pancakes w/Syrup Fruit Wheat Thins Cheddar Cheese Cubes	7 Strawberry Yogurt Granola Blueberry Lemon Animal Crackers	8 Muffins Fruit Graham Crackers Applesauce	9 Cereal Fruit Assorted Fruit Cereal Bars
12 Cereal Fruit Wheat Triscuits String Cheese	13 Bagels & Cream Cheese Fruit Vanilla Wafers	14 Waffles w/Syrup Fruit Apple Cinnamon Muffins	15 Vanilla Yogurt Fruit Rice Cakes Jelly	16 Cereal Fruit Assorted Fruit Cereal Bars
19 School Closed	20 Pancakes w/Syrup Fruit Wheat Thins Cheddar Cheese Cubes	21 Strawberry Yogurt Granola Blueberry Lemon Animal Crackers	22 Muffins Fruit Graham Crackers Applesauce	23 Cereal Fruit Assorted Fruit Cereal Bars
26 Cereal Fruit Wheat Triscuits String Cheese	27 Bagels & Cream Cheese Fruit Vanilla Wafers	28 Waffles w/Syrup Fruit Apple Cinnamon Muffins		

Fresh or frozen fruits and vegetables are used when available. Vegetarian substitutions (bean, soy, or tofu) are available for each meal and would be prepared in the same style as the scheduled menu items. AM Snack and Lunch served with milk. All meats are turkey or chicken, we do not use beef or pork. Fruits subject to change for Infant and Toddler classes.



Bright Horizons at East Brunswick

Lunch February 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Whole Wheat Rotini Marinara Breadsticks Green Beans Cantaloupe	2 Cheese Whole Wheat Pizza Corn Mango
5 Grilled Cheese on Whole Wheat Tomato Soup Green Beans Diced Apples	6 Chicken Tacos Sour Cream, Cheese & Salsa Brown Rice Corn Pineapple	7 Cheese Tortellini Alfredo Breadsticks Broccoli Strawberries	8 Veggie Cheese Burgers Whole Wheat Bun Green Beans Mango	9 Breakfast Pita Pizza Corn Cantaloupe
12 Turkey & Cheese Club Whole Wheat Bread Corn Diced Apples	13 Chicken Quesadilla Sour Cream, Cheese & Salsa Brown Rice Carrots Cantaloupe	14 Whole Grain Lasagna Breadsticks Green Beans Pineapple	15 Chicken & Noodles Peas & Carrots Cantaloupe	16 BBQ & Cheddar Pita Pizza Peas Mangos
19 School Closed	20 Potato & Cheese Pierogies Sour Cream Peas Applesauce	21 Whole Grain Penne & Broccoli Alfredo Breadsticks Pineapple	22 Grilled Chicken & Rice Carrots Mango	23 Bacon & Ranch Pita Pizza Broccoli Diced Apples
26 Meatball Parmesan Sub Peas Diced Apples	27 Chicken Nachos Sour Cream, Salsa, & Cheese Corn Mangos	28 Egg Noodles over Mushroom Sauce Breadsticks Green Beans Strawberries	3/1 Chef Salad Eggs, Cheese, Tomatoes, Turkey Cantaloupe	3/2 Broccoli Ricotta Pita Pizza Pineapple

Fresh or frozen fruits and vegetables are used when available. Vegetarian substitutions (bean, soy, or tofu) are available for each meal and would be prepared in the same style as the scheduled menu items. AM Snack and Lunch served with milk. All meats are turkey or chicken, we do not use beef or pork. Fruits subject to change for Infant and Toddler classes.