

# May 2018

### **From the Director**

We would like to thank everyone who participated in our annual parent survey. We are pleased to share with you that KidsCenter received a 3.49 out of 4 in overall satisfaction this year. 99.1% of our parents told us that they were satisfied or highly satisfied with our services.

We are pleased to see our talented, caring teachers continue to rate highly for their support and skill. We know how important your child's teachers are to you and your family and we recognize that our faculty members are the critical link in providing high quality care and education to your children. This year's survey results indicated that families truly value our safe, clean center and feel welcome to visit at any time.

The results also remind us of the importance you place on effective communication. We are committed to making improvements and have developed an action plan based on your feedback. Our action plan is focused on teacher recruitment and retention as well as communication, specifically about transitions, teacher changes and more individualized communication.

Thanks again for your participation. We take our commitment to your family very seriously, and we appreciate your honest feedback. Our annual parent survey is a very important project because it helps us gather your thoughts and comments about how we can better meet your needs. We appreciate you entrusting your child's care to us.

#### Andrea

### **Important Dates**

May 7th - 11th Mother's Day Plant Sale May 7th - 18th - Faculty Appreciation May 10th – Garden Party 4:00pm May 14th-18th – Spring Photos June 5th – Parent Partnership Meeting 4:15pm June 8th – Ice Cream Social June 15th – K Prep/Kindergarten Graduation

### **Reasons to Celebrate**

We would like to welcome the following new families and siblings to ESPN KidsCenter:

Jayaprakash Carter



# **CLASSROOM HIGHLIGHTS**

### **Teacher of the Month - Alayna**

Alayna is a primary teacher in Preschool and has been at KidsCenter since 2015. Alayna is an amazing team player, who is always ready to help out a classroom in need. Alayna supported our school-age program over spring break and did outstanding and also helped to deliver a very successful Spring Break Program. Alayna often implements new ideas into her classroom to make it welcoming to the children at drop. She also changes the learning environment to better support the development of the children in the classroom.

### **Classroom of the Month – K Prep 4**

Kristina and Cameron have been a dynamic teaching team for over four years. They are an amazing pair who bring humor and excitement into their classroom each day. A favorite tradition in KP4 is choosing a classroom mascot, such as "Pickle Taco" each September. Kristina and Cameron balance each other's strengths and serve as role models to other teaching teams throughout the center. They have developed strong family partnerships, making their classroom an often requested classroom for younger siblings.

## College Coach – Parent Webinar

College Coach® and ESPN invite you to attend:

Education Loan Repayment Strategies

Dates: May 10th at 3 p.m. ET and June 28th at 12 p.m.

This topic is suggested for employees with education loans or for employees whose children have education loans.

Student loan debt has an overwhelming impact on the lives of graduates and parents alike. This session will examine ways in which graduates and parents can manage education debt and guide borrowers' successful transition from college to repayment.

REGISTER NOW for either of these upcoming events on the College Coach portal.

New to College Coach? Begin <u>here</u> by signing in with your company's passcode: espncoach

Questions? Call 866-920-4426 or email ESPN@getintocollege.com. Please note: College Coach does not sell investment products, recruit for colleges, or benefit financially from the planning decisions families make.







# **READY FOR SCHOOL NEWS**

### **Family Fitness Fun**

You've heard the statistics: one in five preschoolers is obese and the childhood obesity rate has tripled in the last 30 years. At Bright Horizons<sup>®</sup>, we're passionate about children's health and we believe this trend can be reversed. In 2011, Bright Horizons joined the Partnership for a Healthier America (PHA). As part of our PHA commitment, we're updating physical education training materials for teachers to ensure that children get the physical activity they need every day. We're also producing a host of resources for families. Building better health is as simple as becoming more physically active, one step at a time. Below are a few ideas for easy family fitness.

### Start a habit.

Children aren't particularly interested in why fitness is so important. They are interested, though, in fun family time. Establishing habits of physical activity in childhood paves the way for healthy adulthood. So, try to plan at least one physical activity on the weekend. Go for a walk, play at the park, or head to a pool. Think about building physical activity into your schedule at least three times during the week. This can be as simple as throwing a ball around before dinner or playing a quick game of hide and seek. It doesn't have to be lengthy or complicated, but you do need to be intentional about it. Write it into your schedule so it becomes a habit.

### Get mobile.

One of the simplest ways to get more exercise is by ditching the car. Walk, bike, or rollerblade to school, the store, the library – anywhere you can. Some areas are more "walk friendly" than others, of course, but try to walk as often as possible.

### Work it out.

Family chores are another way to get moving. Raking leaves, weeding a garden, mopping the floor – all these activities get the body moving. Turn on some music and make chores a fun family time. Try to be consistent, as well. When children know that the family will spend an hour every Saturday working together, for example, they're less likely to balk and more likely to see it as a predictable part of their family culture.



Education & Development

# **TEACHER & STAFF APPRECIATION MONTH**

### Join us in celebrating our teachers & staff!

The greatest reward a teacher or staff member can receive is knowing that they have made a difference in the lives of children and families. Don't miss the opportunity to celebrate and recognize all of the teachers and staff who make their classrooms a wonderful place for children and families.

Teacher Appreciation Day is May 8<sup>th</sup> but our teachers, support staff, and leadership team work hard all year long to make your child's experience here the very best it can be. Help us celebrate them all month long!

Your thoughts make a difference – and mean a lot to all of us. Take a moment to share any stories, comments, and well wishes for those who touch your family's life each day.

Visit our Teacher & Staff Appreciation Website to leave a special note of appreciation for your child's teacher or exceptional staff member. The website will be open from May 1st through May 31st.

### appreciation.brighthorizons.com







Check out all the places you can connect with us!