



August 2019



Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday	
			1 Morning Mini Wheats Mango Afternoon Club Crackers String Cheese	2 Morning Pita Chips Hummus Afternoon Chex Cereal Craisins	SPECIAL NOTES *** Water is available to students at all times. *** Snack menu is subject to change based on availability.
5 Morning Pretzels Yogurt Afternoon Goldfish Dried Blueberries	6 Morning Multi Grain Crackers Hummus Afternoon Cheese-Its Mango	7 Morning Wheat Thins Frozen Raspberries Afternoon Nutri-Grain Bars	8 Morning Sea Salt Crisps Fruit Snacks Afternoon Pub Mix Seaweed	9 Morning Tortilla Chips Fruit Leathers Afternoon Ritz Crackers Raisins	
12 Morning Wheat Thins String Cheese Afternoon Nutri-Grain Bars	13 Morning Gold Fish Swiss Cheese Afternoon Chex Cereal Craisins	14 Morning Cheerios Frozen Fruit Afternoon Cheez Its Raisins	15 Morning Cheerios Yogurt Afternoon Chex Cereal Dried Tangerines	16 Morning Mini Wheats Dried Mango Afternoon Multi-Grain Crackers American Cheese	SERVING SIZES Cereal 1/3 c. Cereal w/Raisins 1/2 c. Pretzels 3 lg/10 sm Multigrain Crackers 2 Graham Crackers 1 Townhouse/Ritz/Club 3 Wheat Thins 8 Cheez-Its 14 Goldfish 20 Veggie Chips 11 Pita Chips 3 Veggie Straws 18 Pirates Booty 14 Special K Bars 2 Fruit Bars 1 Dried Fruit 1/6 c. Frozen Berries 1/4 c. Cheese 1 Fruit Snacks 1
19 Morning Pita Chips Hummus Afternoon Tortilla Chips Dried Cherries	20 Morning Veggie Chips Raisins Afternoon Wheat Thins Dried Blueberries	21 Morning Ritz Crackers American Cheese Afternoon Graham Crackers Craisins	22 Morning Multigrain Crackers Apple Sauce Afternoon Fig Bars	23 Morning Pirates Booty Fruit Snacks Afternoon Pretzel Chips Frozen Fruit	
26 Morning Special K Raisins Afternoon Pub Mix Seaweed	27 Morning Cheez-its Dried Cherries Afternoon Pretzels American Cheese	28 Morning Cheerios Apple Sauce Afternoon Pirates Booty Apple Chips	29 Morning Special K Frozen Fruit Afternoon Wheat Thins Swiss Cheese	30 The Academy Closed for Institute Day	Applesauce 1/4 c. Greek Yogurt 1/2 c. Banana/Apple Chips 8