

LITTLE GREEN GOURMETS SCHOOL LUNCH MENU

LUNCH MENU FEBRUARY 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 ● BEEF BURGER BITES w/ tomato glaze CACI Y PASTA BROCCOLI CORN BREAD PUDDING	2 ● CHICKEN POT PIE MEATBALLS MASHED POTATOES PEAS & CARROTS POACHED PEARS W/ CRANBERRIES YOGURT W/ CHIA SEED COMPOTE
	APPLE BREAD			
5 ● CHICKEN CUTLET STRIPS RED RICE w/ tomato & summer squash PARSLEY PEAS CHICKPEA HUMMUS & WW PITA	6 ● ☆ CARROT MAC & CHEESE w/ organic carrot puree & Vermont Cabot cheddar GREEN BEAN TRIO APPLE SAUCE w/ Fishkill Farms Apples OATMEAL RAISIN COOKIE	7 ● ROASTED CHICKEN MEATBALLS PEARL COUSCOUS W/ FRESH HERB BUTTER & CARROTS BROCCOLI GREEK YOGURT WITH HONEY	8 ● TURKEY TACOS: SEASONED MEAT YELLOW RICE BELL PEPPER CONFETTI CUMIN CARROTS SOFT FLOUR TORTILLAS ARBORIO RICE PUDDING	9 ● PASTA SIDE OF BRAISED BEEF, TOMATO & GARLIC CLASSIC PEAS & CARROTS CHEDDAR CROISSANTS
12 ● BEEF TAGLIARINI GREEN BEAN TRIO POACHED PINEAPPLE CHEDDAR CUBES	13 ● CHICKEN BUGER BITES w/ tomato glaze SOUTHWEST SWEET POTATO STICKS CORN W/ CILANTRO & RED PEPPER MANGO LASSI	14 ● ORGANIC TURKEY BACON (not) FRIED BROWN RICE STEAMED KOBUCHA W/ MISO BUTTER BROCCOLI RED FISH W/ SCALLION TAMARI BUTTER VEGGIE BROWN RICE BROCCOLI APPLE BREAD	15 ● EGG NOODLES w/ roasted cauliflower, lemon & garlic PEAS & CARROTS TOMATO CUMIN CHICKPEAS SUNBUTTER COOKIE	16 ● SCALLION PESTO CHICKEN CUTLET STRIPS AU GRATIN CAULIFLOWER PEARL COUSCOUS W/ RAINBOW VEGGIES BLUEBERRY OATMEAL CRUMBLE
19 HOLIDAY	20 ● BEEF TACOS YELLOW RICE BELL PEPPERS CONFETTI CUMIN CARROTS SOFT FLOUR TORTILLAS CRANBERRY BREAD	21 ● CHICKEN BREAST STRIPS ASIAN VEGGIE NOODLES GINGER GREENBEANS STRAWBERRY BANANA SMOOTHIE	22 ● TURKEY BURGER BITES w/ tomato glaze ROASTED WHIPPED SWEET POTATOES PARLSEY PEAS CORN BREAD W/ BLUEBERRY COMPOTE	23 ● PASTA W/ MARINARA SIDE OF PARMESAN CAULIFLOWER w/ paprika, lemon & capers CHEDDAR CUBES
26 ● CHICKEN FAJITA STRIPS YELLOW RICE PEPPERS / CORN / SWEET ONION ROASTED KABOCHA VEGAN BANANA BREAD	27 ● ITALIAN WEDDING SOUP: CHICKEN MEATBALLS IN BROTH W/ KALE PUREE ORZO CARROT DISKS CHIEDDAR CROISSANTS	28 ● KALE BASIL PESTO CARROT DISKS BUTTERBEANS W/ TOMATO & BASIL KALE BASIL PESTO RED FISH W/ TOMATO BASIL CARROT DISKS YOGURT W/ CHIA SEED COMPOTE	● VEGETARIAN MEAL ☆ VERMONT CABOT FAMILY FARMS COLLECTIVE ● SEA TO TABLE OR ● ILIAMNA WILD ALASKAN SALMON SUSTAINABLY CAUGHT FISH	● HUDSON VALLEY FRESH MILK & CREAM ● CASCUN FARM local, antibiotic & hormone free meat & poultry