 Lunch – January, 2017

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| 1/2  \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*  CLOSED FOR NEW YEAR’S DAY HOLIDAY  \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* | 1/3  Whole wheat ziti with chicken sausage & tomato sauce, and baby kale  Grated cheese  Vegetable salad  Fresh fruit | 1/4  Chicken chili  Southwest salad  Whole wheat bread/butter  Fresh fruit | 1/5  \*Ravioli w/olive oil, tomato sauce & fresh basil  Peas  Fresh fruit | 1/6  Hamburger slider  Bean medley  Roll  Fresh fruit |
| 1/9  \*Cheese melt  Tomato alphabet soup  Fresh fruit | 1/10  Turkey sloppy joe  Corn & edamame  Roll  Fresh fruit | 1/11  Shepherd’s Pie  Pineapple/mango cole slaw  Whole wheat bread/butter  Fresh fruit | 1/12  Teriyaki chicken  Oriental vegetables  Wheat bread/butter  Fresh fruit | 1/13  \*Whole wheat macaroni & cheese  Mixed vegetables  Fresh fruit |
| 1/16  \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*  CLOSED FOR MLK JR’S BIRTHDAY  \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* | 1/17  Whole wheat Turk-a-roni  Grated cheese  Spinach salad  Fresh fruit | 1/18  \*Pizza  Garden salad  Fresh fruit | 1/19  \*Beans & Rice  Tossed salad  Tortilla  Fresh fruit | 1/20  \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*  CLOSED FOR INNAUGURATION DAY  \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* |
| 1/23  Pasta w/chicken sausage & butternut sauce  Salad  Fresh fruit | 1/24  Broccoli quiche  Peas  Whole wheat bread/butter  Fresh fruit | 1/25  Spaghetti & meat sauce  Grated cheese  Spinach salad  Fresh fruit | 1/26  Ranch style chicken leg  Zucchini & yellow squash  Wheat bread/butter  Fresh fruit | 1/27  Turkey taco w/whole wheat tortilla  Corn  Grated cheese  Fresh fruit |
| 1/30  Chicken & tarragon w/whole wheat rotini  Broccoli & cheese salad  Fresh fruit | 1/31  Turkey meatloaf  Mashed sweet potatoes  Wheat bread/butter  Fresh fruit | *~This menu is designed for children age 12+ months* | *Fresh fruits include but are not limited to: apples,, oranges , bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe.* | *Visit us at* [*www.goodfoodco.com*](http://www.goodfoodco.com)  *Age appropriate milk must be served with lunch* |

\*Vegetarian meal

 Lunch – February, 2017

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| *~This menu is designed for children age 12+ months* |  | 2/1  Dirty rice with beef, vegetables,quinoa and farrow  Apple cole slaw  Fresh fruit | 2/2  Black bean, corn, & chicken quesadilla  With whole wheat tortilla  Green Beans  Fresh fruit | 2/3  \*Lasagna  Tossed salad  Fresh fruit |
| 2/6  Whole wheat ziti with chicken sausage & tomato sauce, and baby kale  Grated cheese  Vegetable salad  Fresh fruit | 2/7  Chicken chili  Southwest salad  Whole wheat bread/butter  Fresh fruit | 2/8  \*Ravioli w/olive oil, tomato sauce & fresh basil  Peas  Fresh fruit | 2/9  Hamburger slider  Bean medley  Roll  Fresh fruit | 2/10  BBQ chicken leg  California blend vegetables  Whole wheat bread/butter  Fresh fruit |
| 2/13  \*Cheese melt  Tomato alphabet soup  Fresh fruit | 2/14  Turkey sloppy joe  Corn & edamame  Roll  Fresh fruit | 2/15  Shepherd’s Pie  Pineapple/mango cole slaw  Whole wheat bread/butter  Fresh fruit | 2/16  Teriyaki chicken  Oriental vegetables  Wheat bread/butter  Fresh fruit | 2/17  \*Whole wheat macaroni & cheese  Mixed vegetables  Fresh fruit |
| 2/20  \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*  CLOSED FOR PRESIDENT’S  DAY  \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* | 2/21  Whole wheat Turk-a-roni  Grated cheese  Spinach salad  Fresh fruit | 2/22  \*Pizza  Garden salad  Fresh fruit | 2/23  \*Beans & Rice  Tossed salad  Tortilla  Fresh fruit | 2/24  \*Spinach manicotti  Carrots  Whole wheat bread/butter  Fresh fruit |
| 2/27  Pasta w/chicken sausage & butternut sauce  Salad  Fresh fruit | 2/28  Quiche  Peas  Whole wheat bread/butter  Fresh fruit |  | *Fresh fruits include but are not limited to: apples,, oranges , bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe.* | *Visit us at* [*www.goodfoodco.com*](http://www.goodfoodco.com)  *Age appropriate milk must be served with lunch* |

\*Vegetarian meal

 Lunch – March, 2017

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| *Visit us at* [*www.goodfoodco.com*](http://www.goodfoodco.com)  *Age appropriate milk must be served with lunch*  *~This menu is designed for children age 12+ months* | *Fresh fruits include but are not limited to: apples,, oranges , bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe.* | 3/1  Spaghetti & meat sauce  Grated cheese  Spinach salad  Fresh fruit | 3/2  Ranch style chicken leg  Zucchini & yellow squash  Wheat bread/butter  Fresh fruit | 3/3  Turkey taco w/whole wheat tortilla  Corn  Grated cheese  Fresh fruit |
| 3/6  Chicken & tarragon w/whole wheat rotini  Broccoli & cheese salad  Fresh fruit | 3/7  Turkey meatloaf  Mashed sweet potatoes  Wheat bread/butter  Fresh fruit | 3/8  Dirty rice with beef, vegetables,quinoa and farrow  Apple cole slaw  Fresh fruit | 3/9  Black bean, corn, & chicken quesadilla  With whole wheat tortilla  Green Beans  Fresh fruit | 3/10  \*Lasagna  Tossed salad  Fresh fruit |
| 3/13  Whole wheat ziti with chicken sausage & tomato sauce, and baby kale  Grated cheese  Vegetable salad  Fresh fruit | 3/14  Chicken chili  Southwest salad  Whole wheat bread/butter  Fresh fruit | 3/15  \*Ravioli w/olive oil, tomato sauce & fresh basil  Peas  Fresh fruit | 3/16  Hamburger slider  Bean medley  Roll  Fresh fruit | 3/17  BBQ chicken leg  California blend vegetables  Whole wheat bread/butter  Fresh fruit |
| 3/20  \*Cheese melt  Tomato alphabet soup  Fresh fruit | 3/21  Turkey sloppy joe  Corn & edamame  Roll  Fresh fruit | 3/22  Shepherd’s Pie  Pineapple/mango cole slaw  Whole wheat bread/butter  Fresh fruit | 3/23  Teriyaki chicken  Oriental vegetables  Wheat bread/butter  Fresh fruit | 3/24  \*Whole wheat macaroni & cheese  Mixed vegetables  Fresh fruit |
| 3/27  Whole wheat Turk-a-roni  Grated cheese  Spinach salad  Fresh fruit | 3/28  \*Pizza  Garden salad  Fresh fruit | 3/29  Chicken nuggets  Tuscan bean and garlic soup  Wheat bread/butter  Fresh fruit | 3/30  \*Beans & Rice  Tossed salad  Tortilla  Fresh fruit | 3/31  \*Spinach manicotti  Carrots  Whole wheat bread/butter  Fresh fruit |

\*Vegetarian meal

 Lunch – April, 2017

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| 4/3  Pasta w/chicken sausage & butternut sauce  Salad  Fresh fruit | 4/4  Broccoli quiche  Peas  Whole wheat bread/butter  Fresh fruit | 4/5  Spaghetti & meat sauce  Grated cheese  Spinach salad  Fresh fruit | 4/6  Ranch style chicken leg  Zucchini & yellow squash  Wheat bread/butter  Fresh fruit | 4/7  Turkey taco w/whole wheat tortilla  Corn  Grated cheese  Fresh fruit |
| 4/10  Chicken & tarragon w/whole wheat rotini  Broccoli & cheese salad  Fresh fruit | 4/11  Turkey meatloaf  Mashed sweet potatoes  Wheat bread/butter  Fresh fruit | 4/12  Dirty rice with beef, vegetables,quinoa and farrow  Apple cole slaw  Fresh fruit | 4/13  Black bean, corn, & chicken quesadilla  With whole wheat tortilla  Green Beans  Fresh fruit | 4/14  \*Lasagna  Tossed salad  Fresh fruit |
| 4/17  Whole wheat ziti with chicken sausage & tomato sauce, and baby kale  Grated cheese  Vegetable salad  Fresh fruit | 4/18  Chicken chili  Southwest salad  Whole wheat bread/butter  Fresh fruit | 4/19  \*Ravioli w/olive oil, tomato sauce & fresh basil  Peas  Fresh fruit | 4/20  Hamburger slider  Bean medley  Roll  Fresh fruit | 4/21  BBQ chicken leg  California blend vegetables  Whole wheat bread/butter  Fresh fruit |
| 4/24  \*Cheese melt  Tomato alphabet soup  Fresh fruit | 4/25  Turkey sloppy joe  Corn & edamame  Roll  Fresh fruit | 4/26  Shepherd’s Pie  Pineapple/mango cole slaw  Whole wheat bread/butter  Fresh fruit | 4/27  Teriyaki chicken  Oriental vegetables  Wheat bread/butter  Fresh fruit | 4/28  \*Whole wheat macaroni & cheese  Mixed vegetables  Fresh fruit |
|  |  | *~This menu is designed for children age 12+ months* | *Fresh fruits include but are not limited to: apples,, oranges , bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe.* | *Visit us at* [*www.goodfoodco.com*](http://www.goodfoodco.com)  *Age appropriate milk must be served with lunch* |

\*Vegetarian meal

 Lunch – May, 2017

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| 5/1  Whole wheat Turk-a-roni  Grated cheese  Spinach salad  Fresh fruit | 5/2  \*Pizza  Garden salad  Fresh fruit | 5/3  Chicken patty  Tuscan bean and garlic soup  Wheat bread/butter  Fresh fruit | 5/4  \*Beans & Rice  Tossed salad  Tortilla  Fresh fruit | 5/5  \*Spinach manicotti  Carrots  Whole wheat bread/butter  Fresh fruit |
| 5/8  Pasta w/chicken sausage & butternut sauce  Salad  Fresh fruit | 5/9  Quiche  Peas  Whole wheat bread/butter  Fresh fruit | 5/10  Spaghetti & meat sauce  Grated cheese  Spinach salad  Fresh fruit | 5/11  Ranch style chicken leg  Zucchini & yellow squash  Wheat bread/butter  Fresh fruit | 5/12  Turkey taco w/whole wheat tortilla  Corn  Grated cheese  Fresh fruit |
| 5/15  Chicken & tarragon w/whole wheat rotini  Broccoli & cheese salad  Fresh fruit | 5/16  Turkey meatloaf  Mashed sweet potatoes  Wheat bread/butter  Fresh fruit | 5/17  Dirty rice with beef, vegetables,quinoa and farrow  Apple cole slaw  Fresh fruit | 5/18  Black bean, corn, & chicken quesadilla  With whole wheat tortilla  Green Beans  Fresh fruit | 5/19  \*Lasagna  Tossed salad  Fresh fruit |
| 5/22  Whole wheat ziti with chicken sausage & tomato sauce, and baby kale  Grated cheese  Vegetable salad  Fresh fruit | 5/23  Chicken chili  Southwest salad  Whole wheat bread/butter  Fresh fruit | 5/24  \*Ravioli w/olive oil, tomato sauce & fresh basil  Peas  Fresh fruit | 5/25  Hamburger slider  Bean medley  Roll  Fresh fruit | 5/26  BBQ chicken leg  California blend vegetables  Whole wheat bread/butter  Fresh fruit |
| 5/29  \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*  CLOSED FOR  MEMORIAL DAY  \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* | 5/30  \*Cheese melt  Tomato alphabet soup  Fresh fruit | 5/31  Turkey sloppy joe  Corn & edamame  Roll  Fresh fruit | *Fresh fruits include but are not limited to: apples,, oranges , bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe.*  *~This menu is designed for children age 12+ months* | *Visit us at* [*www.goodfoodco.com*](http://www.goodfoodco.com)  *Age appropriate milk must be served with lunch* |

\*Vegetarian meal

 Lunch – June, 2017

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| *Visit us at* [*www.goodfoodco.com*](http://www.goodfoodco.com)  *Age appropriate milk must be served with lunch* | *Fresh fruits include but are not limited to: apples,, oranges , bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe.* | *~This menu is designed for children age 12+ months* | 6/1  Shepherd’s Pie  Pineapple/mango cole slaw  Whole wheat bread/butter  Fresh fruit | 6/2  \*Whole wheat macaroni & cheese  Mixed vegetables  Fresh fruit |
| 6/5  Whole wheat Turk-a-roni  Grated cheese  Spinach salad  Fresh fruit | 6/6  \*Pizza  Garden salad  Fresh fruit | 6/7  Chicken nuggets  Potato soup  Wheat bread/butter  Fresh fruit | 6/8  \*Beans & Rice  Tossed salad  Tortilla  Fresh fruit | 6/9  \*Spinach manicotti  Carrots  Whole wheat bread/butter  Fresh fruit |
| 6/12  Pasta w/chicken sausage & butternut sauce  Salad  Fresh fruit | 6/13  Broccoli quiche  Peas  Whole wheat bread/butter  Fresh fruit | 6/14  Spaghetti & meat sauce  Grated cheese  Spinach salad  Fresh fruit | 6/15  Ranch style chicken leg  Zucchini & yellow squash  Wheat bread/butter  Fresh fruit | 6/16  Turkey taco w/whole wheat tortilla  Corn  Grated cheese  Fresh fruit |
| 6/19  Chicken & tarragon w/whole wheat rotini  Broccoli & cheese salad  Fresh fruit | 6/20  Turkey meatloaf  Mashed sweet potatoes  Wheat bread/butter  Fresh fruit | 6/21  Dirty rice with beef, vegetables,quinoa and farrow  Apple cole slaw  Fresh fruit | 6/22  Black bean, corn, & chicken quesadilla  With whole wheat tortilla  Green Beans  Fresh fruit | 6/23  \*Lasagna  Tossed salad  Fresh fruit |
| 6/26  Whole wheat ziti with chicken sausage & tomato sauce, and baby kale  Grated cheese  Vegetable salad  Fresh fruit | 6/27  Chicken chili  Southwest salad  Whole wheat bread/butter  Fresh fruit | 6/28  \*Ravioli w/olive oil, tomato sauce & fresh basil  Peas  Fresh fruit | 6/29  Hamburger slider  Bean medley  Roll  Fresh fruit | 6/30  BBQ chicken leg  California blend vegetables  Whole wheat bread/butter  Fresh fruit |

\*Vegetarian meal

 Lunch – July, 2017

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| 7/3  \*Cheese melt  Tomato alphabet soup  Fresh fruit | 7/4  \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*  CLOSED FOR INDEDPENDENCE DAY  \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* | 7/5  Turkey sloppy joe  Corn & edamame  Roll  Fresh fruit | 7/6  Shepherd’s Pie  Pineapple/mango cole slaw  Whole wheat bread/butter  Fresh fruit | 7/7  \*Whole wheat macaroni & cheese  Mixed vegetables  Fresh fruit |
| 7/10  Whole wheat Turk-a-roni  Grated cheese  Spinach salad  Fresh fruit | 7/11  \*Pizza  Garden salad  Fresh fruit | 7/12  Chicken patty  Tuscan bean and garlic soup  Wheat bread/butter  Fresh fruit | 7/13  \*Beans & Rice  Tossed salad  Tortilla  Fresh fruit | 7/14  \*Spinach manicotti  Carrots  Whole wheat bread/butter  Fresh fruit |
| 7/17  Pasta w/chicken sausage & butternut sauce  Salad  Fresh fruit | 7/18  Quiche  Peas  Whole wheat bread/butter  Fresh fruit | 7/19  Spaghetti & meat sauce  Grated cheese  Spinach salad  Fresh fruit | 7/20  Ranch style chicken leg  Zucchini & yellow squash  Wheat bread/butter  Fresh fruit | 7/21  Turkey taco w/whole wheat tortilla  Corn  Grated cheese  Fresh fruit |
| 7/24  Chicken & tarragon w/whole wheat rotini  Broccoli & cheese salad  Fresh fruit | 7/25  Turkey meatloaf  Mashed sweet potatoes  Wheat bread/butter  Fresh fruit | 7/26  Dirty rice with beef, vegetables,quinoa and farrow  Apple cole slaw  Fresh fruit | 7/27  Black bean, corn, & chicken quesadilla  With whole wheat tortilla  Green Beans  Fresh fruit | 7/28  \*Lasagna  Tossed salad  Fresh fruit |
| 7/31  Whole wheat ziti with chicken sausage & tomato sauce, and baby kale  Grated cheese  Vegetable salad  Fresh fruit |  | *~This menu is designed for children age 12+ months* | *Fresh fruits include but are not limited to: apples,, oranges , bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe.* | *Visit us at* [*www.goodfoodco.com*](http://www.goodfoodco.com)  *Age appropriate milk must be served with lunch* |

\*Vegetarian meal

 Lunch – August, 2017

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| *Fresh fruits include but are not limited to: apples,, oranges , bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe.*  *~This menu is designed for children age 12+ months* | 8/1  Chicken chili  Southwest salad  Whole wheat bread/butter  Fresh fruit | 8/2  \*Ravioli w/olive oil, tomato sauce & fresh basil  Peas  Fresh fruit | 8/3  Hamburger slider  Bean medley  Roll  Fresh fruit | 8/4  BBQ chicken leg  California blend vegetables  Whole wheat bread/butter  Fresh fruit |
| 8/7  \*Cheese melt  Tomato alphabet soup  Fresh fruit | 8/8  Turkey sloppy joe  Corn & edamame  Roll  Fresh fruit | 8/9  Shepherd’s Pie  Pineapple/mango cole slaw  Whole wheat bread/butter  Fresh fruit | 8/10  Teriyaki chicken  Oriental vegetables  Wheat bread/butter  Fresh fruit | 8/11  \*Whole wheat macaroni & cheese  Mixed vegetables  Fresh fruit |
| 8/14  Whole wheat Turk-a-roni  Grated cheese  Spinach salad  Fresh fruit | 8/15  \*Pizza  Garden salad  Fresh fruit | 8/16  Chicken nuggets  Potato soup  Wheat bread/butter  Fresh fruit | 8/17  \*Beans & Rice  Tossed salad  Tortilla  Fresh fruit | 8/18  \*Spinach manicotti  Carrots  Whole wheat bread/butter  Fresh fruit |
| 8/21  Pasta w/chicken sausage & butternut sauce  Salad  Fresh fruit | 8/22  Broccoli quiche  Peas  Whole wheat bread/butter  Fresh fruit | 8/23  Spaghetti & meat sauce  Grated cheese  Spinach salad  Fresh fruit | 8/24  Ranch style chicken leg  Zucchini & yellow squash  Wheat bread/butter  Fresh fruit | 8/25  Turkey taco w/whole wheat tortilla  Corn  Grated cheese  Fresh fruit |
| 8/28  Chicken & tarragon w/whole wheat rotini  Broccoli & cheese salad  Fresh fruit | 8/29  Turkey meatloaf  Mashed sweet potatoes  Wheat bread/butter  Fresh fruit | 8/30  Dirty rice with beef, vegetables,quinoa and farrow  Apple cole slaw  Fresh fruit | 8/31  Black bean, corn, & chicken quesadilla  With whole wheat tortilla  Green Beans  Fresh fruit | *Visit us at* [*www.goodfoodco.com*](http://www.goodfoodco.com)  *Age appropriate milk must be served with lunch* |

\*Vegetarian meal

 Lunch – September, 2017

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| *Visit us at* [*www.goodfoodco.com*](http://www.goodfoodco.com)  *Age appropriate milk must be served with lunch* | *Fresh fruits include but are not limited to: apples,, oranges , bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe.* | *~This menu is designed for children age 12+ months* |  | 9/1  \*Lasagna  Tossed salad  Fresh fruit |
| 9/4  \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*  CLOSED FOR  LABOR DAY  \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* | 9/5  Whole wheat ziti with chicken sausage & tomato sauce, and baby kale  Grated cheese  Vegetable salad  Fresh fruit | 9/6  Chicken chili  Southwest salad  Whole wheat bread/butter  Fresh fruit | 9/7  \*Ravioli w/olive oil, tomato sauce & fresh basil  Peas  Fresh fruit | 9/8  Hamburger slider  Bean medley  Roll  Fresh fruit |
| 9/11  \*Cheese melt  Tomato alphabet soup  Fresh fruit | 9/12  Turkey sloppy joe  Corn & edamame  Roll  Fresh fruit | 9/13  Shepherd’s Pie  Pineapple/mango cole slaw  Whole wheat bread/butter  Fresh fruit | 9/14  Teriyaki chicken  Oriental vegetables  Wheat bread/butter  Fresh fruit | 9/15  \*Whole wheat macaroni & cheese  Mixed vegetables  Fresh fruit |
| 9/18  Whole wheat Turk-a-roni  Grated cheese  Spinach salad  Fresh fruit | 9/19  \*Pizza  Garden salad  Fresh fruit | 9/20  Chicken patty  Tuscan bean and garlic soup  Wheat bread/butter  Fresh fruit | 9/21  \*Beans & Rice  Tossed salad  Tortilla  Fresh fruit | 9/22  \*Spinach manicotti  Carrots  Whole wheat bread/butter  Fresh fruit |
| 9/25  Pasta w/chicken sausage & butternut sauce  Salad  Fresh fruit | 9/26  Quiche  Peas  Whole wheat bread/butter  Fresh fruit | 9/27  Spaghetti & meat sauce  Grated cheese  Spinach salad  Fresh fruit | 9/28  Ranch style chicken leg  Zucchini & yellow squash  Wheat bread/butter  Fresh fruit | 9/29  Turkey taco w/whole wheat tortilla  Corn  Grated cheese  Fresh fruit |

\*Vegetarian meal