





Music & Movement

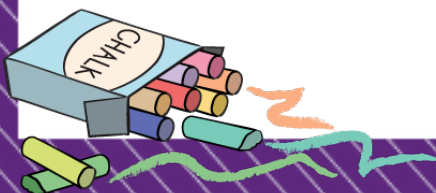
March 2019



 Bright Horizons. <small>Early Education & Preschool</small>	<u>Week of 3/4</u> Introduction to African Music	<u>Week of 3/11</u> Play instruments to African music	<u>Week of 3/18</u> Creating traditional African dances	<u>Week of 3/25</u> Playing African drums
Objectives	Exposure to native African music	Play familiar instruments along with African music	Learn traditional African dance moves	Using child made drums to play along with African music while recreating beats
Materials	CD: Drum Like an Animal	CD: Drum Like an Animal, percussion instruments	CD: Drum Like an Animal, dance step instructions	CD: Drum Like an Animal, child made drums
Activities	Play African music for children and allow them to dance to the music while they become familiar with the style, rhythm and beats	Talk with children about traditional African instruments, play instruments along with music	Learn African dance moves, create own moves and dance along to African music	Play drums along with African music, work on recreating the beats heard
Children learn to:	Appreciate African music and culture, identify a beat, develop large motor skills	Appreciate African music, become more familiar with percussion instruments	Appreciate African music and culture, develop large motor skills	Appreciate African music and culture, identify a beat, develop hand eye coordination


Art Studio – March 2019

	<u>Week of 3/11</u> Paper towel Banners	<u>Week of 3/18</u> Koosh-ball Painting	<u>Week of 3/25</u> Paper Cut Out Stencils
Objectives	<ul style="list-style-type: none"> • Explore and experiment with visual media and materials. • Use art materials and tools purposefully and creatively. 		
Materials	<ul style="list-style-type: none"> • Rolls of heavy duty paper towel (i.e. <i>Bounty</i>) • Liquid watercolor • Pipettes 	<ul style="list-style-type: none"> • Paper • Primary colors of paint, plus white & black • Koosh balls 	<ul style="list-style-type: none"> • Newsprint paper • Paint & paper • Container of water
Activities	<ul style="list-style-type: none"> • Roll out lengths of paper towel. • Use pipettes to drop watercolor on paper towels. • Include plain water with watercolors to drop onto paper towel (makes a cool effect). • Allow to dry. 	<ul style="list-style-type: none"> • Use Koosh balls to dab various colors of paint onto paper • Allow to dry. 	<ul style="list-style-type: none"> • Cut shapes out of the newsprint paper. Shapes can be random or you can offer specific shapes or images to be cut out. • Quickly dip the newsprint cut outs into water and lay them on top of the paper – they should stick together. • Use paint to paint over the paper – even over the cutouts. • When finished painting, cut outs can be remove to reveal shapes. • Allow to dry
Children learn to	Science Rocks: Use tools to complete a task; experiment with concept of “capillary action”.	Language Works: Strengthen and refine small muscle skills Science Rocks: Experiment with the changing properties of materials (color mixing).	Science Rocks: Experiment with the physical properties of materials; Experiment with the scientific concept of “adhesion”.



Garden Works – March 2019

Shamrocks & Clover

 Bright Horizons. <small>Early Education & Preschool</small>	Toddlers	Twos	Preschool	Kindergarten Prep
Objectives	<ul style="list-style-type: none"> Explore the life cycle of clover (seed, germination, seeding, mature plant, etc) 			
Materials	<ul style="list-style-type: none"> Shamrock Seeds Flower Pots Potting Soil Water 	<ul style="list-style-type: none"> Shamrock Seeds Flower Pots Potting Soil Water Charting paper 	<ul style="list-style-type: none"> Shamrock Seeds Flower Pots Potting Soil Water Charting Paper 	<ul style="list-style-type: none"> Shamrock Seeds Flower Pots Potting Soil Water Charting Paper Ruler
Activities (See activity descriptions for full details.)	<ul style="list-style-type: none"> <i>Activity #1:</i> Planting Shamrocks Books: <ul style="list-style-type: none"> Green Clovers, Green Leaves by Jaime Grimes 	<ul style="list-style-type: none"> <i>Activity #1:</i> Planting Shamrocks <i>Activity #2:</i> Counting Shamrocks Books: <ul style="list-style-type: none"> There was an Old Lady who Swallowed a Clover by Lucille Colandro Green Shamrocks by Eve Bunting 	<ul style="list-style-type: none"> <i>Activity #1:</i> Planting Shamrocks <i>Activity #2:</i> Counting Shamrocks <i>Activity #3:</i> Charting 3 or 4 leaf Shamrock Books: <ul style="list-style-type: none"> The Last Shamrock by Alice Inches 	<ul style="list-style-type: none"> <i>Activity #1:</i> Planting Shamrocks <i>Activity #3:</i> Charting 3 or 4 leaf Shamrock <i>Activity #4:</i> Measuring Shamrock Height Books: <ul style="list-style-type: none"> The Adventures of Shamrock Sean by Brian Gogarty
Children learn to	<ul style="list-style-type: none"> Explore materials through touch, taste, smell, sound and sight 	<ul style="list-style-type: none"> Understand basic physical properties of plants Count sequentially 	<ul style="list-style-type: none"> Understand the relationship between living and nonliving Classify items based upon characteristics 	<ul style="list-style-type: none"> Measure and compare Collect data



STEM Lab – March 2019



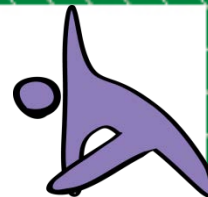
Dr. Seuss Inspired Stacking Patterns


	Younger Children	Older Children
Objectives	<ul style="list-style-type: none"> Understand the basic concepts of balance and weight 	<ul style="list-style-type: none"> Create and follow simple or detailed patterns
Materials	<ul style="list-style-type: none"> <i>Fox In Socks</i> by Dr. Seuss A variety of small colorful blocks Other small objects from the book: foxes, clocks, chicks, bricks, etc (These objects could be printed and taped or glued to blocks) Standard and non-standard measuring tools 	<ul style="list-style-type: none"> <i>The Lorax</i> by Dr. Seuss Colorful Connecting Cubes or Unifix Cubes Pattern Blocks Pom Poms Standard and non-standard measuring tools
Activities	<ul style="list-style-type: none"> Read the book <i>Fox In Socks</i> by Dr. Seuss Encourage the children to stack the colorful blocks Allow children to add the other objects how they want—repeat rhyming words and phrases from the book as they work Count how many blocks are used in their tower Use measuring tools to measure towers Compare towers using words like short/tall/shorter/tallest/etc Encourage children to notice or identify colors/patterns they used in their structure <p>Variation:</p> <ul style="list-style-type: none"> Read <i>The Cat in the Hat</i> and have children stack cups like the Cat's hat 	<ul style="list-style-type: none"> Read the book, <i>The Lorax</i> by Dr. Seuss Talk about the patterns on the Truffula trees Encourage the children to build Truffula trees with a pattern using Unifix Cubes Pattern Blocks and Pom Poms can be added to the top to be the Truffula "tuft" or leaves Encourage children to create more complex patterns such as ABB, AAB, ABC, AABB, etc Count how many cubes are used in each tree Compare and measure trees using measuring tools <p>Optional:</p> <ul style="list-style-type: none"> Add small people or the Lorax to encourage dramatic play Create small Lorax figures by printing his picture and taping or gluing it to small blocks
Children learn to	<ul style="list-style-type: none"> Count sequentially Understand the basic concepts of balance and weight Understand proportions (big/medium/small) Question when exploring materials Demonstrate persistence in problem solving Create and follow simple or detailed patterns Use standard and non-standard units of measure Engage in dramatizations with peers Appreciate and enjoy high-quality children's books 	



Movement Matters – March 2019


Fitness Testing



 Bright Horizons. <small>Early Education & Preschool</small>	Twos	Preschool	Kindergarten Prep
Objectives	<ul style="list-style-type: none"> To promote physical development and wellness to create good habits and positive attitudes To engage in physical activity 		
Materials	<ul style="list-style-type: none"> • Bean Bags • Buckets • Music • Mats • Flags • Cones • Balls • Music • Yoga Mats • Parachutes • Blocks • Tape Measure 	<ul style="list-style-type: none"> • Bean Bags • Buckets • Music • Mats • Flags • Cones • Balls • Music • Yoga Mats • Parachutes • Blocks • Tape Measure 	<ul style="list-style-type: none"> • Bean Bags • Buckets • Music • Mats • Flags • Cones • Balls • Music • Yoga Mats • Parachutes • Blocks • Tape Measure
Activities	<ul style="list-style-type: none"> • Shuttle Run • Jumping Jacks Race • Hula Hoop Race • How far can you throw? • Frog Jump • High Jump • Bear Crawl 	<ul style="list-style-type: none"> • Shuttle Run • Jumping Jacks Race • Hula Hoop Race • How far can you throw? • Frog Jump • High Jump • Bear Crawl • Sit Ups • Push Ups 	<ul style="list-style-type: none"> • Shuttle Run • Jumping Jacks Race • Hula Hoop Race • How far can you throw? • Frog Jump • High Jump • Bear Crawl • Sit Ups • Push Ups • Bean Bag Balance
Children learn to	<ul style="list-style-type: none"> • Engage in active play using gross motor skills. • Follow simple safety rules while participating in activities. 	<ul style="list-style-type: none"> • Participate in developmental activities related to physical fitness. • Exhibit increase endurance. 	<ul style="list-style-type: none"> • Engage in active play using gross motor skills. • Follow rules and procedures when participating in group physical fitness.



Dance Class – March 2019

	Preschool	Kindergarten Prep	Kindergarten
Objectives	Remembering where dance spots are at the beginning of class. Finish recital dances by the end of the month. Smooth transitions switching lines from back to front and front to back.	Remembering where dance spots are at the beginning of class. Finish recital dances by the end of the month. Smooth transitions switching lines from back to front and front to back.	Remembering where dance spots are at the beginning of class. Finish recital dances by the end of the month. Smooth transitions switching lines from back to front and front to back.
Dance Moves	Recital choreography, large group dances and class dances.	Recital choreography, large group dances and class dances and the boys dance.	Recital choreography, large group dances and class dances and the boys dance.
Terminology	No new terminology.	No new terminology.	No new terminology.



Sign Language – March 2019



"S" hand



YES

The "S" hand moves up and down at the wrist, like a head nodding.



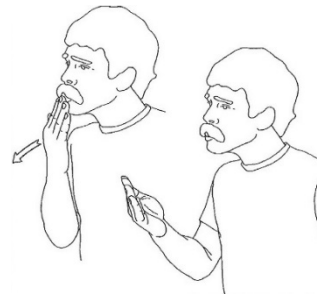
NO

The first two fingers close down to touch the extended thumb several times.



SORRY

The "S" hand moves in a circular motion on the chest.



GOOD

The fingertips of the flat hand touch the lips, then the hand moves down and away from the body.



AGAIN

The cupped action hand arcs down and the fingertips touch the palm of the flat base hand.

from **SIGN with your BABY** ~ Dr. Joseph Garcia



Bright Horizons.

Early Education & Preschool