Dance the Cumbia

Cumbia is an accessible and flexible Latin dance. You can do it alone, in a couple, or in a group. Sometimes the dancers circle around drummers and other instrumentalists. But what is most important is, as with any dance, that you move to the beat!

HOW TO DO IT
1. Listen for and feel the beat
2. Tap your feet to the beat
3. Move!

“I have seen people who can’t dance even one step at Carlos’ concerts jumping up to dance, enjoying the music, and discovering it in the moment.”
— Gustavo Dudamel