

# Dance the Cumbia

Cumbia is an accessible and flexible Latin dance. You can do it alone, in a couple, or in a group. Sometimes the dancers circle around drummers and other instrumentalists. But what is most important is, as with any dance, that you move to the beat!



## HOW TO DO IT

1. Listen for and feel the beat
2. Tap your feet to the beat
3. Move!

*"I have seen people who can't dance even one step at Carlos' concerts jumping up to dance, enjoying the music, and discovering it in the moment."*

— Gustavo Dudamel

