

# BRIGHT HORIZONS at GMCC

## What's on the Menu?



June 25-29, 2018	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MORNING SNACK</b>	Cheerios Cereal Fresh Fruit	Vanilla Yogurt Fresh Fruit	Ham and Cheese Scones Fresh Fruit	Sweet Potato Coffee Cake Fresh Fruit	Hominy Bread Fresh Fruit
<b>LUNCH</b>	Roasted Rosemary Chicken and Sweet Potatoes Veggie Nuggets Steamed Peas and Carrots Fresh Fruit	Beef Taco Salad Soy Crumbles Black Beans and Rice Fresh Fruit	Turkey Sausage and Roasted Pepper Pasta Veggie Patty Fresh Fruit	Summer Minestrone Sour Cream Cornbread Fresh Fruit	Pulled Pork Sliders Veggie Nuggets Cabbage and Carrot Slaw Fresh Fruit
<b>AFTERNOON SNACK</b>	Peach Bars Juice/Water	Pretzel Bites Juice/Water	Banana Pudding Cups Juice/Water	Pimento Cheese Pinwheels Juice/Water	Quinoa Pizza Bites Juice/Water
<b>DINNER</b>	Cheeseburger Stromboli Veggie Patty Steamed Green Beans Fresh Fruit	Greek Chicken Pasta Salad Veggie Nuggets Roasted Sweet Potatoes Fresh Fruit	Three Bean Chili Cheddar Biscuits Fresh Fruit	Turkey Burgers Veggie Nuggets Sweet Potato Fries Fresh Fruit	Baked Spaghetti Roasted Cauliflower Fresh Fruit

### We Serve Healthy Meals

- Fresh fruits and vegetables served daily
- All meals are baked, not fried
- Proteins include chicken, turkey, beef, tofu, cheese, and beans
- Organic Milk served to all children Toddlers through Kindergarten Prep
- All meals served family style
- Select produce are locally grown and supplied by NC/SC farmers
- This menu is subject to change without notice due to deliveries and emergencies.

### Vegetarian Alternative

