

# June 2019

Bright Horizons at Spotswood

732-251-2686 |

Spotswood@brighthorizons.com | [www.brighthorizons.com/spotswood](http://www.brighthorizons.com/spotswood)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Cornbread Ranch Crackers	4 Cinnamon Raisin Bread Carrot Sticks & Low Fat Ranch Dressing	5 Whole Grain Cheerios with Milk Applesauce Cups	6 Multigrain Cereal Bars Cheese and Crackers	7 Assorted Breakfast Graham Crackers	8
9	10 Whole Grain Blueberry Muffins Soft Pretzels	11 Whole Wheat English Muffin w/ Butter Trail Mix	12 Whole Wheat Bagels with Cream Cheese Graham Crackers	13 Life Cereal with Milk Fruit Cups	14 Multigrain Cereal Bars Cheese Flavored Crackers	15
16	17 Cinnamon Raisin Bread Applesauce Cups	18 Chex Cereal with Milk Apples and Sunbutter	19 Cornbread Naan with Hummus	20 Whole Wheat Bagels with Cream Cheese String Cheese	21 Whole Grain Blueberry Muffins Assorted Snack	22
23	24 Multigrain Cereal Bars	25 Whole Grain Apple Cinnamon Muffins	26 Whole Grain Pancakes with Sugar Free Syrup	27 Whole Wheat English Muffin w/ Butter	28 Whole Grain Cheerios with Milk	29
30	Trail Mix	Pita Chips and Guacamole	Fresh Watermelon	Soft Pretzels	Ranch Crackers	